

## **OKMULGEE PUBLIC SCHOOLS**

"Preparing students to be lifelong learners and contributing citizens in an ever changing society"

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## Okmulgee Cross Country Meet

Date: Friday August 30, 2019

Location: YMCA 106 W. 13th Okmulgee, OK 74447

**Dressing:** Facilities along with restrooms will be available.

Time Schedule: 1:30pm Coaches Meeting

2:00pm Varsity Girls--1 Mile-25 Medals

Varsity Boys--2 Miles-25 Medals JV Girls--1 Mile-25 Medals JV Boys-2 Miles-25 Medals JH Girls--1 Mile-25 Medals JH Boys--1 Mile-25 Medals

Races will begin immediately after previous race FINISHES!! NO TEAM TROPHIES WILL BE GIVEN. NO SCORING WILL BE KEPT.

**Entry Fees:** Make checks payable to:

Okmulgee Cross Country 415 W 3<sup>rd</sup> St Okmulgee, OK 74447

\$60.00 per team or \$100 if both boys and girls teams compete. JV teams are free if the varsity teams compete \$15.00 per individual \$40.00 for JH Teams

You should check in at the scorer's table immediately upon arrival to get you team race tags. The course is flat with one hill and a bridge to cross.

Please arrive at the meet early and have you runners on the starting line early.

Okmulgee High School Dwight Pankey, Cross Country Coach 918.758.2075-School 918.521.2329-Cell 918.758.2096-Fax