

CARL ALBERT STATE COLLEGE & POTEAU HIGH SCHOOL CROSS COUNTRY MEET FRIDAY, SEPTEMBER 20TH

WHERE - Carl Albert State College - Poteau, Oklahoma

SCHEDULE -

8:00	College/Open Women - 5K
8:30	College/Open Men - 5K
9:00	Middle School Girls - 2 Mile
9:30	Middle School Boys - 2 Mile
10:00	Elementary Boys and Girls Fun Run - 1 Mile
10:15	High School Girls - 2 Mile
10:45	High School Boys - 5K

ENTRY FEES -

High School Teams / \$55 per team (\$100 for both Boys and Girls)
Middle School Teams / \$40 per team (\$70 for both Boys and Girls)
Individual Runners / \$10 each Middle School Individuals
If entering Boys and Girls Middle School and High School divisions/ \$150

CONTACT -

Race Directors - Tom Brennan - 918-658-0478 brennant@poteau.k12.ok.us

ENTRIES - E-mail entries is preferred. Deadline - September 16th - 3:30 pm - Make Checks payable to Poteau High School Athletics, 100 Pirate Lane, Poteau, OK 74953 918-647-7700

VIKING/PIRATE CROSS COUNTRY MEET
ROSTER ENTRY SHEET

SCHOOL _____

COACH _____

CELL PHONE NUMBER _____

MIDDLE SCHOOL BOYS

1. _____
2. _____
3. _____
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5. _____
6. _____
7. _____
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14. _____
15. _____

MIDDLE SCHOOL GIRLS

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15. _____

Use back of page for more entries.

VIKING/PIRATE CROSS COUNTRY MEET
ROSTER ENTRY SHEET

SCHOOL _____

COACH _____

CELL PHONE NUMBER _____

HIGH SCHOOL BOYS

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2. _____
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16. _____
17. _____
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22. _____
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24. _____
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27. _____

HIGH SCHOOL GIRLS

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VIKING/PIRATE CROSS COUNTRY MEET
ROSTER ENTRY SHEET

SCHOOL _____

COACH _____

CELL PHONE NUMBER _____

COLLEGE MEN

COLLEGE WOMEN

28. _____

1. _____

29. _____

2. _____

30. _____

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31. _____

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41. _____

14. _____

42. _____

15. _____

Use back of page for more entries.