

Seminole XC Invitational

The Mission

(4a and Below)

Date: August 24, 2019

Location: Mekusukey Mission NS 3540

Seminole, Oklahoma 74868

**COACHES: IF YOU ARE PLANNING ON PARTICIPATING IN OUR MEET,
PLEASE GO TO www.enduroentries.com TO ENTER YOUR TEAM(S).**

**DEADLINE FOR ENTRY IS August 21nd, 2019. THERE WILL BE NO
LATE ENTRIES ALLOWED---TEAMS CAN NOT BE ADDED THE DAY OF
THE MEET. NO EXCEPTIONS!**

**Please contact me if you plan to attend, this meet will have a 15 team
*limit***

Schedule:

- 8:30 am Coaches Meeting**
- 8:45 am Elem Girls & Boys (1 mile)**
- 9:00 am Varsity Girls (1 mile)**
- 9:15 am Varsity Boys (2 miles)**
- 9:30 am JH Girls (1 mile)**
- 9:45 am JH Boys (1 miles)**
- 10:05 am JV Girls (1 mile)**
- 10:20 am JV Boys (2 miles)**

Awards: Varsity-----Top 20 Medal
Jr High-----Top 20 Medal
JV-----Top 10 Medal
Elementary-----All participants will receive award

1st Place Team Trophies (Varsity Only)

Entry Fee: Varsity Team - \$70; Individuals - \$10
(1st 7 runners will count as varsity)
Jr High - \$50 (5 runners);
Individuals - \$10 (4 runners or less)
Elementary - \$10 (unlimited runners)

*****NO UNATTACHED RUNNERS ALLOWED! ONLY OSSAA MEMBER
SCHOOLS WILL BE ALLOWED TO PARTICIPATE*****

**Mail payment to: Seminole Athletics, 618 Snyder Ave,
Seminole, OK 74868**

Attn.: Coach Bobby Sanford

School-(405) 382-5065 Cell-(405) 712-3094

Email - bsanford@sps.k12.ok.us