

Shawnee Invitational Cross Country Meet

Sponsored by the Oklahoma Army National Guard



Saturday, August 31, 2019

Location: Shawnee Middle School
4300 N Union Ave Shawnee, OK 74804
The course is located behind the middle school building

ONLINE REGISTRATION: Entries are to be completed online using ENDUROUSA.COM. Phone or faxed entries will not be accepted. If you do not already have an ENDURO USA™ account, set up an ENDURO USA™ account in your name. - - - Then log into your account and follow the instructions in the top-right to “upgrade” your acct and add the desired Rosters. If you need assistance with your account contact Kevin McWatters (kevin@runenduro.com).

www.endurousa.com

Deadline for entering is: Friday, August 30TH at 6pm.

Be sure to visit our meet’s “PREVIEW” window immediately before departing for our meet. You must complete all steps on the “ENTRIES Window”. **Teams will NOT be added at the meet.**

Entry Fees: \$65 for each high school varsity team
\$40 for each middle school team
\$10 for each individual athlete (up to 4)
\$200 for all 4 divisions (HS boys and girls, MS boys and girls)
Make checks payable to: Shawnee High School Cross Country
Mail check to: Shawnee Athletics
Attn: Shari Dillard
1001 N. Kennedy
Shawnee, OK 74801

Schedule: 8:00am Coaches Meeting
8:30am Varsity Girls 5k
9:00am Varsity Boys 5k
9:30am JV Girls 5k
10:00am JV Boys 5k
10:30am Middle School Girls 2400m
10:50am Middle School Boys 2400m

Awards: Individual medals to top 25 in each division
Team plaque to division champion

Contact: Text/Call Coach Sara Branson at 405-702-2055 or email sarbranson@shawnee.k12.ok.us to confirm entry.