

Sweetwater Invitational Cross Country Meet

Date: Saturday, September 28th

Where: Sweetwater Athletic Complex – ¼ mile west of School

Entries: \$50 per team / \$10 Individuals up to 4

Awards: Top 15 in each division receive medals

Coaches meeting 8:30

<u>Time</u>	<u>Divisions</u>	<u>Distance</u>
9:00	HS Boys	5000 Meters
9:30	HS Girls	3200 Meters
9:55	7/8 Boys	3200 Meters
10:20	7/8 Girls	3200 Meters
10:45	Elem Boys	1600 Meters
11:10	Elem Girls	1600 Meters

Race times are approximate and will start at the conclusion of the preceding race.

Make checks out to Sweetwater Athletics.

Please email a list of runners and I will have tags ready when you arrive. Please include contact information in case of inclement weather.

**Contact information: Coach Doug Daffern, School 580.534.2272,
Cell 806.268.1370, email ddaffern@sweetwater.k12.ok.us**