

Western Oklahoma Showcase
Saturday, Sept. 14th, 2019
Hosted by Southwestern Oklahoma State University
West Rader Park Complex, Weatherford, OK

Schedule: College Men's 8k @ 9am
College Women's 5k @ 9:50am
High School/Middle School Races will be on Rolling Schedule (Times Approximate)
Schedule is subject to change due to amount of entries per race.
Varsity Boys 5k @ 10:30am
Varsity Girls 2 Mile @ 11:10am
Middle School Boys 2 Mile @ 11:35am
Middle School Girls 2400m @ 12:05pm

Course: Primarily flat, mainly grass and gravel. Will cross an asphalt road. Maps are available at www.swosuathletics.com

Awards: College Races: Top 10 Individuals – T-Shirt
High School/Middle School: Top 10 Individuals – Medal; Team Champion - Plaque

Entry Fee: College: \$75 per gender. \$150 per school with Men and Women. Unattached: \$25
High School: \$50 per gender. \$100 per school with Boys and Girls.
Middle School: \$50 per gender. \$100 per school with Boys and Girls.
\$10 per individual for high schools/middle schools with less than 5 athletes per division.

Make checks out to Southwestern Oklahoma State University Cross Country

Entries: Enter athletes through www.directathletics.com
Entries will be accepted from Mon., Aug. 19th – Wed., Sept. 11th – Entries close at 12pm
Team Packets can be picked up at the Registration Table.

Directions: From Oklahoma City – take Exit 84 for Airport Rd. Right on Airport Rd. Left on E. Main St. Right on Lyle Rd. Left on G. Dean Rader Dr. Parking lot will be on your left.
From Highway 54 heading South – Left on Arapaho Rd. Right on Lark. Left on G. Dean Rader Dr.
From Highway 54 heading North – Right on I-40. Take Exit 84 for Airport Rd. Left on Airport Rd. Left on E. Main St. Right on Lyle Rd. Left on G. Dean Rader Dr.
There are no dressing facilities at the course.

Questions: If you have any questions, please call Head Coach Shane Brookshire at 580 890 0435 or shane.brookshire@swosu.edu