

FREE MEET !!!!

Army National Guard Cross Country Meet

Held at Camp Gruber, Braggs, OK

Sept. 11, 2020

Union and Coweta will be joining to host a Cross Country meet again this year at Camp Gruber located near Braggs OK.

This meet is not limited. The National Guard is sponsoring this meet and entry is FREE to the confirmed teams.

The meet is located near Braggs Ok at 327 Central Europe Rd. Braggs, Ok 74423. The First race will start at 9:00 am and will be on a rolling schedule.

Coaches Meeting at 8:30 look for signs

- All High school boys (5km)
- All High school girls (5km)
- All JH Boys (2 miles)
- All JH Girls (2 miles)

Medals to the 1st 15 runners –

1st Place Team plaques will be presented to the winners each division. The Meet will be held at Camp Gruber. It is a military base and they will check all adults IDs upon entering the gates, so please inform your parents who come to watch to have their IDs available. Seating will be available for the spectators.

Coach Toby Hummingbird will need definite confirmation by September 11th. Please contact Coach Hummingbird at 918-231-9449

Entries need to be submitted to Enduro by Sept 9th.

ONLINE MEET REGISTRATION: 1. Entries are to be complete online using ENDUROUSA.COM, Phone or faxed entries will not be accepted. . If you do not already have an on-line entry account, you will need to visit the new "ENDURO" website (www.endurousa.com). After you set up your account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List" and continue. (1) Setup - - - then UPGRADE your ENDURO USA account so you can add your school and desired roster(s); (2) After you upgrade, click on "My Roster List" (left side of Home Page) to find your rosters and add students" (3) Add the meet to your schedule (Main Roster window) and enter your students.

Martin Updike @918-577-1956 will answer any question about entries if you need help.

martin@i40raceservice.com

Spectator Info

You will need to show ID as you enter the main gates.

Please wear a mask if you are not able to social distance.

Coaches and Athletes

You will need to wear a mask if you are not able to social distance. Runners will not be expected to wear a mask while running.