

Fourth Annual CCS Cross Country Invitational Norman, OK

SATURDAY, OCTOBER 3rd, 2020

LOCATION:

- Community Christian School Activity Center 5300 N Interstate Dr, Norman, Ok 73072
- Just south of Indian Hills Rd. (Exit 114) and I-35 in Norman.
- Cross Country Course just to the south of CCS Baseball Field (see map below).
- There will be a gate fee of \$2 per for spectator or \$5 per family .

ENTRY PROCEDURE:

All entries will be done on-line at: www.endurousa.com

Teams and students must be entered on-line before the deadline through your ENDURO USATM account. Teams will not be added at the meet. Each Team will receive a packet with bibs for each runner. The bib must be worn on the front (chest area). Students will not be allowed to start/enter a race without his/her bib. Junior High Students can NOT be entered through a High School Account. If you need assistance with your ENDURO USATM account, contact Kevin McWatters at the following email address: kevin@runenduro.com **ONLINE ENTRY DEADLINE:**

Thursday, October 1st @ 7pm.

ENTRY FEE:

- \$80/High School team - \$150 if your school has both girls and boys teams.
- \$50/Junior High School team - \$100 if your school has both girls and boys.
- \$15 per Individuals
- Open race: \$35(fee includes a free t-shirt).

Fields will be limited to 20 Small Schools (2A-4A) and 20 Large Schools (5A-6A).**

SCHEDULE:

Make check payable to CCS (memo: Coach Ellis) and mail to: CCS XC Community Christian School 3002 Broce Dr. Norman, OK 73072

TIME,* RACE, & DISTANCE

****All races after first race will be run on a rolling schedule***

7:00 OPEN RACE (ALL AGES) ó Coaches race for only \$5!

8:00 COACHESøMEETING --

8:15 SMALL SCHOOL JH GIRLS (7-8th 1.5-Miles)

8:40 LARGE SCHOOL JH GIRLS (7-8th 1.5-Miles)

9:05 SMALL SCHOOL JH BOYS (7-8th 2-Miles)

9:35 LARGE SCHOOL JH BOYS (7-8th 2-Miles)

10:05 SMALL SCHOOL VARSITY GIRLS (2-Miles)

10:35 LARGE SCHOOL VARSITY GIRLS (5K)

11:05 VARSITY BOYS** (5K)

11:35 SMALL SCHOOL JV GIRLS UNLIMITED- (2-Miles)

12:05 LARGE SCHOOL JV GIRLS UNLIMITED- (5K)

12:35 JV BOYS UNLIMITED** (5K)

*****Results (and medals) will be divided into Small School (2A, 3A, & 4A) and Large School (5A-6A).***

If entries exceed course capacity, HS races will be divided into Small School (2A, 3A, & 4A) and Large School (5A-6A).

AWARDS: Medals to the top 20 in each race. HS Boys races will have 40 medals, 20 to the top in the large school, and 20 to the top runners in the small school division. Team Champion & Runner-Up plaques will be awarded for Varsity HS & JH.

CONCESSION: There will be a concession stand available with healthy foods, fruit, and drinks. We will also have a merchandise table with meet shirts for sale.

PARKING: Bus and car parking in paved CCS Activity Center parking lot north of baseball field (see map below). **COURSE MAPS ARE LOCATED ON THE FINAL PAGE BELOW.**

CHECK IN: Bring a copy of the printed from EUDURO USA Entries, to check in as a receipt of entry in exchange for team/coaches packet and bib numbers.

ENTRY DUE DATES: CONTACT:

Medals to the top 20 in each race. HS Boys races will have 40 medals, 20 to the top in the large school, and 20 to the top runners in the small school division.

ENTRIES DUE ON ENDURO BY 7PM ON THURSDAY, October 1st

CONTACT: Coach Ellis ccsxcetf@ccsroyals.com

XC MAP:

