

# Frontier Mustangs Stampede Cross Country Meet

MAKE CHECKS PAYABLE TO: FRONTIER ATHLETICS – IF MAILING PLEASE SEND TO – FRONTIER PUBLIC SCHOOL P.O. BOX 130 RED ROCK, OK 74651

DATE: Saturday, October 17<sup>th</sup> ----- ***Open to all Classes***

PLACE: Frontier Public School

MEET DIRECTOR: Charles Sanders – 580-485-7873

Email- [charles.sanders@frontierok.com](mailto:charles.sanders@frontierok.com)

**ENTRIES:** All entries are online on the ENDURO USA website ([www.endurousa.com](http://www.endurousa.com)) by **OCTOBER 16, 2020 @ 5PM**. Complete all steps on our meet's "Entries Window". Be sure to visit our meet's "**PREVIEW**" window immediately before departing for the meet. If you have questions about our ENDURO USA account contact Kevin McWatters at: [kevin@runenduro.com](mailto:kevin@runenduro.com)

Entry Fee: \$75/High School team - \$150 if your school has both genders.

\$10 per individuals HS (4 or less)

\$50/Junior High School team - \$100 if your school has both genders.

\$40/Middle School team (5<sup>th</sup>-6<sup>th</sup> Grade) - \$80 if your school has both genders.

\$8 per individuals MS/JH (4 or less)

\$300 Max if you have all 6 teams (HS B/G, JH B/G, MS B/G)

Awards: 1<sup>st</sup> place team award and top 15 medal in each division.

8:15 – Coaches Meeting

8:30 – HSB 5000M

8:45 – HSG 3200M

9:05 – JHB 3200M

9:25 – JHG 2400M

9:45 – 5<sup>th</sup>-6<sup>th</sup> Boys 2400M

10:05 – 5<sup>th</sup> – 6<sup>th</sup> Girls 1600M

***Admission will be \$5 per car.***

# 5<sup>th</sup> – 6<sup>th</sup> Grade Girls - - - 1600m



**5TH-6TH  
GIRLS 1600M**

Measure distance  
Total distance: 5,245.62 ft (1.60 km)

# 5<sup>th</sup> – 6<sup>th</sup> Grade Boys - - - 2400m 7<sup>th</sup> – 8<sup>th</sup> Grade Girls - - - 2400m



**5TH-6TH BOYS  
7TH-8TH GIRLS  
2400M**

Measure distance  
Total distance: 1.50 mi (2.42 km)

# 7<sup>th</sup> – 8<sup>th</sup> Grade Boys - - - 3200m High School Girls - - - 3200m



**7<sup>TH</sup>-8<sup>TH</sup> BOYS  
HIGH SCHOOL GIRLS  
3200M**

Measure distance  
Total area: 1,326,517.45 ft<sup>2</sup> (121,570.44 m<sup>2</sup>)  
Total distance: 2.03 mi (3.27 km)

# High School Boys - - - 5000m



**HIGH SCHOOL  
BOYS 5K**

Measure distance  
Total area: 812,644.68 ft<sup>2</sup> (75,515.74 m<sup>2</sup>)  
Total distance: 3.12 mi (5.03 km)