## 8th Annual Kiefer Trojans Cross Country Meet The meet will be held on campus of Kiefer High School 4600 West 151st Street South Kiefer, OK 74041 Saturday, September 12, 2020

## \*\*\*This is a 2020 2A/3A/4A Regional Site.\*\*\* ALL classes welcomed

## Schedule:

8:30 am Coaches Meeting

8:45 am Elem Girls (1 mile) awards to all finishers

9:00 am Elem Boys (1 mile) awards to all finishers

9:15 am 2A-3A Varsity & JV Girls (2 miles) 20 medals

9:45 am 2A-3A Varsity & JV Boys (5K) 20 medals

10:30 am 4A-5A Varsity & JV Girls (2 miles) 20 medals

11:00 am 4A-5A Varsity & JV Boys (5K) 20 medals

11:40 am JH Girls (1 mile) 20 medals

11:55 am JH Boys (1 mile) 20 medals



\*Course is mostly on grass, but there are a few short asphalt paths to cross.

\*Set up camps in designated area.

\*Our plan is to run JV and Varsity together (boys and girls separate). Your first 7 runners will be counted as Varsity to score.

\*Bus Parking will in the new gravel parking south of the Event Center (back of Event Center).

\* COACHES: IF YOU ARE PLANNING ON PARTICIPATING IN OUR MEET, PLEASE GO TO www.endurousa.com TO ENTER YOUR TEAM(S).

\*\*\*Entry turned in by Thursday, September 10th, please. No team walkups on Saturday.

1<sup>st</sup> & 2<sup>nd</sup> team trophies for 2A/3A and 4A/5A Varsity divisions, and Junior High divisions. Cost: High School boys \$70; High School girls \$70; Junior High boys \$50 Junior High girls \$50; All teams \$200; Individuals \$10.00 No Junior Varsity fee if you run a Varsity team. No Elementary fee.

Mail payment to: Kiefer Schools Athletics, 4600 West 151<sup>st</sup> Street South, Kiefer, OK 74041 Attn.: Coaches Cheyenne Castillo and Joe Bill Lierly School-(918) 321-3533 cell-(918) 504-0356 (Cheyenne), 918-629-4777 (Joe Bill) e-mail ccastillo@kiefer.k12.ok.us

## **Kiefer Trojan Athletics**

Student-Athletes, Coaches, Staff, Officials, Administrators, Parents, and Patrons,

We would like to welcome you to Kiefer Public Schools and our facilities. As we navigate through these uncertain times during the COVID-19 pandemic, we would like you to know that the health and safety of all entering our facilities is our priority.

Below are our Kiefer Athletic event guidelines:

- 1. We ask that ALL individuals entering our facilities wear a mask.
- 2. Where applicable, we encourage spectators to bring lawn chairs for social distancing seating.
- 3. Participants, officials, and coaches may remove their masks when they reach their respective playing field. Face coverings are encourage in enclosed team locations (ex: softball dugouts.)
- 4. While we believe sportsmanship is paramount, at this time, we will recommend an alternative to pre-game or post-game hand shaking, high fives, or fist bumps between opposing teams to reduce contact as much as possible.
- 5. For participants, officials, and coaches, no shared towels, clothing, or shoes.
- 6. For shared equipment such as bats, helmets, catchers gear, etc., sanitation should occur between use when necessary.
- 7. Locker rooms will be accessible to teams but we highly recommend, for both home and visiting teams, and officials to come dressed and ready to participate for the event.

  Masks will be required in locker rooms.
- 8. When traveling to and from away events, all Kiefer coaches and student-athletes will be required to wear face coverings.

We thank you for your cooperation. If you have any questions or concerns before coming to our facilities, please do not hesitate to contact our Athletic Director, Trent Worley at tworley@kiefer.k12.ok.us, or call 918-321-3533.

Show Class, Have Pride, Display Character, Achieve Excellence





