

Marlow Outlaw Cross Country Invitational

Date: September 1st

Place: Red Bud Park From highway 81: go east on main street, over railroad tracks two blocks on left
From I35: Take highway 29 to Marlow, before railroad tracks on the right

Race Schedule:

4:15	Coaches Meeting		
4:15	Young Gunners	(Marlow Kids Only)	
4:30	6 th -7 th Grade Girls	(1600 meters)	Top 25 Medals (\$40 Team)
4:45	6 th -7 th Grade Boys	(1600 meters)	Top 25 Medals (\$40 Team)
5:00	8 th -9 th Grade Girls	(1600 meters)	Top 25 Medals (\$40 Team)
5:15	8 th -9 th Grade Boys	(1600 meters)	Top 25 Medals (\$40 Team)
5:30	JV Girls 9 th -12 th	(1600 meters)	Top 25 Medals (Unlimited runners) (\$40 Team)
5:45	Varsity Girls 9 th -12 th	(1600 meters)	Top 25 Medals (Limited to 9 runners) (\$40 Team)
6:00	JV Boys 9 th -12 th	(3200 meters)	Top 25 Medals (Unlimited runners) (\$40 Team)
6:15	Varsity Boys 9 th -12 th	(3200 meters)	Top 25 Medals (Limited to 9 runners) (\$40 Team)

*every 15 minutes we will begin next race

Awards:

Medals awarded: Top 25 Varsity
Top 25 JV
Top 25 in JH Divisions

Entry Fees: Team= 5 Runners or more (\$50 per division)
Individuals= \$10
Example= (All team entries in all divisions= \$320)

Divisions: Varsity Boys 6th/7th Boys
Varsity Girls 6th/7th Girls
JV Girls 8th/9th Girls
JV Boys 8th/9th Boys

Please enter all runners on **Enduro** Go to ohstrack.com and click on the enduro link.

INVOICE / ENTRY FORM:

SCHOOL: _____

COACH: _____

Contact #: _____ Email: _____

Expected Entries please circle: Varsity Boys Varsity Girls JV Boys JV Girls
6-7 Boys 6-7 Girls 8-9 Boys 8-9 Girls

Please Email, Call, Fax, Send Entries to: Mikey Eaves 580-504-3538
meaves@marlow.k12.ok.us

*Social Distancing is highly encouraged. Masks will be required for runners while on starting line. Each runner will be allowed to take off the mask 2 minutes prior to race beginning. Spectators are HIGHLY encouraged to wear masks to help protect the student athletes and coaches.

*Please be prepared to bring your own personal water bottles for conclusion of each race. We will attempt to provide water needed as safe as possible.