

## **MOORE LIONS**

## **#R4RYK XC Invitational**



## (15 team limit for High school & Junior High races) \*Elementary Race\*

DATE: Saturday, September 12, 2020

PLACE: First Moore Baptist Church, 301 NE 27<sup>th</sup> St. Moore, Ok

**COURSE:** Some long hills. Great Spectators Course!

RACE SCHEDULE: 7:45 A.M. Coaches Meeting

8:00 A.M. High School Girls (V) (5K) (7 Runner Limit)

8:30 A.M. High School Boys (V) (5K) (7 Runner Limit)

9:00 A.M. High School Girls (JV) (5K)

9:30 A.M. High School Boys (JV) (5K)

10:00 A.M. Elementary Race (6<sup>th</sup> grade and down) (1 mile)

10:20 A.M. 7<sup>th</sup> Grade Girls (2 miles)

10:45 A.M. 7<sup>th</sup> Grade Boys (2 miles)

11:10 A.M. 8th Grade Girls (2 miles)

11:35 A.M. 8th Grade Boys (2 miles)

## **TEAM & INDIVIDUAL AWARDS:**

Team Awards: 1<sup>st</sup> place & Runner-up HS V race and 1<sup>st</sup> place for each JH race.

Medals: top 20 finishers in each JH & top 20 HS Varsity races, +10 medals for HS JV races

**ENTRY FEES**: \$75 high school girls, \$75 high school boys (JV Free with Varsity entry),

\$60 JH girls (pays for both grades), \$60 JH boys,

Discount: \$250 if all 4 teams run (HS and JH). Individuals \$15 each.

ONLINE ENTRIES: Enter runners online at <a href="www.endurousa.com">www.endurousa.com</a> (email Coach Givens for entry Code)
<a href="Deadline to enter">Deadline to enter</a>: Thursday, September 10 at 6:00pm. Teams will not be added at the meet. Each team will receive a packet with a bib for each runner. The bib must be worn on the front (chest area). Students will not be allowed to start/enter a race without his/her bib. Junior high students can NOT be entered through a high school account. If you need assistance with your ENDURO USA account, please contact Kevin McWatters at <a href="kevin@runenduro.com">kevin@runenduro.com</a>, or (405)641-6006. No race day entries will be accepted.

ELEMENTARY RACE INFO: All elementary runners must enter in at <a href="www.endurousa.com">www.endurousa.com</a> by Thurs. Sept. 10<sup>th</sup> at 6:00pm. All elementary finishers will receive an award. Race fee is <a href="mailto:\$5/person">\$5/person</a>. Email Coach Givens for team prices.

Make checks payable to: Moore XC and Track Booster Club

Moore High School ATTN: Brian Givens 300 N. Eastern Moore, OK 73160 580-318-1184

RSVP to Moore HS Head Coach, Brian Givens: briangivens@mooreschools.com