

All OSSAA 2A-3A-4A HIGH SCHOOL Cross Country Teams are invited to NRC for the
NORTH ROCK INVITATIONAL CC MEET

On the campus of North Rock Creek High School (north and east of Shawnee)

Wednesday morning October 14, 2020 - C.M. 9:30 a.m. – 1st Race 10:00 a.m.

SPONSORED BY BERKSHIRE-HATHAWAY BENCHMARK REALTY

This meet will be a little different in a few ways:

1. This meet is for H.S. TEAMS ONLY.
2. This meet will be “set up” and timed by Enduro so coaches will need to enter their teams on the Enduro website by the appointed deadline (determined by Enduro) in order for their teams to compete.

{To Clarify – The Saturday October 10th Cougar Classic will still be handled the old-fashioned way with number cards at the finish line and no pre-entry required.....BUT.....

COACHES MUST PRE-REGISTER THEIR TEAMS ON ENDURO BEFORE THE DEADLINE FOR THE WED. OCT. 14th NORTH ROCK INVITATIONAL}

Due to the late posting we don't anticipate large numbers but we welcome all 4A and below classified teams who enter before the deadline.

We PLAN to run only 2 races with unlimited entries (V & JV combined) in each.

10:00 a.m.- H.S. Girls 2 miles (Course Record-13:12.06- Michaela Carney- MSM-2020)

10:25(approx.)-H,S, Boys 5K (Course Record 17:23.90-Jackson Salsman-MSM-2020)

ENTRY FEES: \$65/team or \$15/individual or a max of \$120 for both teams

All classes (4A, 3A, 2A) will compete together in each race for 30 medals in each division.

Please be prepared to keep yourself, your teams and others safe by observing proper social distancing and PPE guidelines.

QUESTIONS??? Call or text Coach Terry Martin at 405-567-5563(c).

For help with the ENDURO SIGN-UP,,,,,,,,,,,,,CONTACT ENDURO

ENDURO PRE-REGISTRY REQUIRED