

Okemah Public Schools  
107 W. Date  
Okemah, Oklahoma 74859  
918-623-1874

*R.L. Vick*  
*Superintendent*

*Melissa Turner*  
*High School Varsity XC Coach*

**7<sup>th</sup> Annual Okemah Cross Country Meet**

*I would like to extend to you an invitation to the Okemah Panther Cross Country Meet. It will be held on Saturday, September 5, 2020. This meet is for Class 3A and below. The location of the meet will be on the Okemah High School campus, 704 East Date St., Okemah, OK 74859. Overall winner for JH/HS boys and girls division will receive a plaque. NO TEAM award.*

<i>8:30AM</i>	<i>Coaches Meeting</i>		
<i>8:45AM</i>	<i>Elementary (B &amp; G)</i>	<i>1 mile, Award to all finishers</i>	
<i>9:00AM</i>	<i>JH Girls (7 &amp; 8)</i>	<i>1 mile</i>	<i>25 medals</i>
<i>9:20AM</i>	<i>JH Boys (7 &amp; 8)</i>	<i>1 mile</i>	<i>25 medals</i>
<i>9:40AM</i>	<i>HS girls (7)</i>	<i>1mile</i>	<i>25 medals</i>
<i>10:00AM</i>	<i>HS boys (7)</i>	<i>2miles</i>	<i>25 medals</i>

**Cost:** *HS \$50 per team, JH \$40.00 per team, Elementary \$20.00 for the one division, Individuals: \$5.00 for elementary and \$10.00 for JH/HS student athletes. Deadline will be September 2, 2020 to enter race, no onsite registration. No need to register Elementary, may separate boys and girls depending on numbers.*

**Mail Payment:**  
*Okemah Public Schools  
OHS Cross Country  
ATTN: Melissa Turner  
107 W. Date St.  
Okemah, OK 74859*

*For more information, contact Melissa Turner (918-285-0928) or email [mturner@okemahk12.com](mailto:mturner@okemahk12.com)*

**\*Parking near the Panther Dome and restrooms at the Okemah Track.**  
**\*\*Only OSSAA Member Schools will be allowed to participate, No unattached runners allowed.**