

Titan Invitational Carl Albert High School Friday September 3, 2021



Due to the increasing size and growth of our meet, we are changing the format of the "Titan Invitational". We will be running an Elite Varsity Race (7) runners, a Secondary Varsity Race (7) runners, and then a JV Race. The Elite Race is not limited to 5A/6A Classifications. Our goal is to have the best runners in any class competing in the Elite Race. Our Middle School Meet will be held on Thursday September 2nd

Timing provided by ENDURO Timing. All team entries must be completed online at www.endurousa.com. If you do not already have an on-line entry account, you will need to visit the "ENDURO" website (www.endurousa.com). After you set up your account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List" and continue.

9:30 a.m. ó 5A/6A Coaches meeting

9:45 a.m. ó Elite Girls 5K (7 Runners)

10:15 a.m. ó 5A/6A Secondary Varsity Girls 5K (7 runners)

10:45a.m. ó 5A/6A Junior Varsity Girls

11:15am - Elite Boys 5K (7 Runners)

11:45am. ó 5A/6A Secondary Varsity Boys 5K (7 Runners)

12:15pm. - 5A/6A Junior Varsity Boys

1:00pm - 2A/3A/4A Coaches Meeting

1:15p.m. ó 2A/3A/4A Varsity Girls 3200m

1:45p.m. ó2A/3A/4A JV Girls 3200m

2:15 p.m. ó 2A /3A/4A Varsity Boys 5K

2:45 p.m. ó 2A/3A/4A JV Boys 5K

LOCATION: The XC course is located behind the Carl Albert Middle School next to the high school football stadium. The MS address is 2515 S. Post Rd. Midwest City, Ok. Restrooms and concessions stand will be available.

ENTRY FEES: \$75.00 per each High School team entered (girls and boys are separate entry fees). \$100 if running all 3 divisions per gender. \$200 max if running both genders in all 3 races.

Make check out to Carl Albert Cross Country

2009 S. Post Rd.

Midwest City, Oklahoma 73130

AWARDS: Individual (Elite, Varsity and J.V.) medals for top 20 places in each race.

Contact Information:

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