#### **HENRYETTA**

# Cross Country Regional

## Class 2A, 3A & 4A

Saturday, October 23, 2021

Location: Nichols Park, Henryetta (just south of Golf Course; signs will be posted at Nichols Park entrance)

#### Schedule of Events:

9:00 am	3A Coaches Meeting
10:00 am	Class 3A Girls

10:45 am Class 3A Boys

## 3A Awards Presentation

Coaches Meeting

12:00 pm Class 4A Girls

12:45 pm Class 4A Boys

## 4A Awards Presentation

1:00 pm 2A Coaches Meeting

2:00 pm Class 2A Girls

2:45 pm Class 2A Boys

2A Awards Presentation

Any questions, contact Tim Gillispie, 918-906-7783 or at tgillispie@henryetta.k12.ok.us

### Coaches Meeting Review:

- 1) Go to <a href="www.endurousa.com">www.endurousa.com</a> (Complete all steps.) Only enter your top 7 runners, plus 3 alternates. Please check website for deadline. If you have questions regarding ENDURO entries, please contact Kevin McWatters at <a href="kevin@runenduro.com">kevin@runenduro.com</a>
- 2) Pick up packet at check in and make sure you only have 7 runners that compete.
- 3) Please help keep spectators off the course—especially the final stretch. Ask your supporters not to run alongside your runners. This could interfere with the race and cause you a disqualification.
- 4) Make sure your athletes abide by all OSSAA rules and regulations.
- 5) The OSSAA has asked that you settle any discrepancies before results are sent to them. Therefore, this will need to be settled before you leave the meet.

Any questions, contact Tim Gillispie, 918-906-7783 or at tgillispie@henryetta.k12.ok.us

PLEASE REMIND SPECTATORS THEY MUST PURCHASE A TICKET ONLINE. THE LINK CAN BE FOUND ON THE OSSAA.COM WEBSITE. <u>TICKETS</u> WILL NOT BE SOLD AT THE GATE.