

Checotah Crossroads Cross Country Meet Tuesday October 5, 2021

esday October 5, 2021
(Meet is 4A and down)



Checotah High School would like to invite you to participate in our 1st annual Cross Country Meet.

The Meet will be held at the Checotah Sports Complex.

ENTRY FEES:

<u>High School</u> <u>Junior High</u> <u>Elementary</u>
Boys \$60, Girls \$60, Indi \$10
Boys \$50, Girls \$50, Ind \$10
Boys \$30, Girls \$30, Ind \$5

(All four teams – HS Boys and Girls, JH Boys and Girls \$200)

Please make checks to "Checotah Lady Cats"

ON-LINE ENTRY DEADLINE is Monday, October 4[™], 5:00 PM

Entry Procedure: Timing provided by ENDURO Timing. All team entries must be completed online at:

WWW.ENDUROUSA.COM

HS/JH phone, faxed or "day of" entries <u>will not be accepted</u>. If you do not already have an ENDURO USA™ account, set up an ENDURO USA™ account in your name. If you need assistance with your ENDURO USA™ account, including switching rosters from a previous coach, contact Kevin (kevin@runenduro.com).

Elementary times will be hand held. So, enter when you arrive.

Be sure to visit our meet's "PREVIEW" window immediately before departing for our meet. You must complete all steps on the "ENTRIES Window". Teams will NOT be added at the meet.

AWARDS

High School Medals: Top 15 --- Junior High Medals: Top 15 Elementary: Blue ribbons for first 15, Red Ribbons for $16-30^{th}$, Yellow Ribbons for $31^{st}-45^{th}$

Concession and restroom will be available.

RUNNING TIMES

Coaches meeting: 9:45

Elementary Girls: 1 mile, 10:00 6th grade and under Elementary Boys: 1 mile, 10:20 6th grade and under Junior High Girls: 1 mile, 10:40 7th and 8th grade Junior High Boys: 1 mile, 11:00 7th and 8th grade

High School Girls: 2 miles, 11:20 High School Boys: 5K, 11:40

Start times are approximate.

Races will start at the conclusion of the previous race.

NO TEAM TROPHYS

Questions or information

Contact Jim Glover at 918-843-2668 -or- jkglover@checotah.k12.ok.us