Duncan Cross Country Meet

Saturday, August 28, 2021

This meet will be held at New Hope Baptist Church, located at 200 S 42nd Street, Duncan OK. The course sits on the corner of Beech Ave and the Highway 7 Bypass.

Registration: DEADLINE is Friday, August 27th, 5:00 PM Entries after the deadline will <u>NOT</u> be allowed. - - - NO EXCEPTIONS

Entry Procedure: All entries must be completed online at: www.endurousa.com

If you do not already have an account, you will need to visit "ENDURO USA" - - - (www.endurousa.com). After you set up your account, email Kevin McWatters (<u>kevin@runenduro.com</u>). In your email, list your school, the roster(s) you need (boys and/or girls), and the name of the previous coach. Please do not wait until the last minute to contact Kevin.

Schedule: Coaches meeting: 8:00am - Meet Start Time: 8:15am

All times are approximate, and we have a rolling schedule.

5A/6A Girls 8:15 5k

4A & Below Girls 8:40 2 miles

Varsity Boys (all classes) 9:10 5k

MS Girls 9:40 1 1/2 miles

MS Boys 10:00 2 miles

Varsity and JV runners will run together and be separated at the finish line!

Team Awards: Varsity division team championship trophy and Middle School team championship trophy.

Top 20 in each division will receive medals

Cost: Varsity Boys \$65.00

Varsity Girls \$65.00

JV is free if varsity is running

\$120.00 if both are competing

Middle school Boys \$55.00

Middle school Girls \$55.00

\$100 if both are running

Make checks payable to: Duncan High School Cross Country

515 N 19th, Duncan, Oklahoma, 73533

Contact Todd Ledford at 580-467-2741 or Tim Buben at 580-470-5042