

## FRONTIER VALLEY CONFERENCE

## **CROSS COUNTRY MEET**



DATE: Tuesday, October 12, 2021

PLACE: Lee Lake Recreational Area

2200 SE Adams Blvd, Bartlesville, OK

SCHEDULE: 3:45 PM Coaches Meeting (Finish Line)

4:00 PM Varsity Girls – 5K (7 Runners)
4:30 PM Varsity Boys – 5K (7 Runners)
5:00 PM JV Girls – 5K (Unlimited)
5:30 PM JV Boys – 5K (Unlimited)

6:00 PM MS Girls – 2 Miles (Unlimited) 6:30 PM MS Boys – 2 Miles (Unlimited)

AWARDS: 1<sup>st</sup> Place Trophy or plaques for all divisions.

Medals to top 15 finishers in ALL races

ENTRIES: All team entries must be completed online at www.runendurousa.com

Entry deadline is Monday, October 11<sup>th</sup> at 5:00 PM.

If you do not already have an ENDURO USA™ account, set up an ENDURO USA™

account in your name. - - - Then log into your account and follow the instructions in the top right to "upgrade" your acct and add the desired Rosters. If you need assistance with your ENDURO USA™ account contact Kevin McWatters (kevin@runenduro.com).

www.endurousa.com

**RESTROOMS:** Porta Potties available.

WATER: Water tables will be set up by finish but not for each camp.

EMERGENCIES: School trainers will be onsite in case of emergency. Please make sure

your athletes are hydrated before coming to the meet.

CONCESSIONS: Available onsite.

PARKING: Bus Parking is available south of course.

Fans parking is available near Dog park or across Adams at center.

ADMISSION: \$5 admission fee per person (Kindergarten and older).

QUESTIONS: Please call / email David Ayres ( ayresdw@bps-ok.org / 918.327.3028 )