## FREE MEET !!!!

## Army National Guard Cross Country Meet

Held at Camp Gruber, Braggs, OK

Sept. 10, 2021

Haskell and Coweta will be joining to host a Cross Country meet again this year at Camp Gruber located near Braggs OK.

This meet is not limited. The National Guard is sponsoring this meet and entry is FREE to the confirmed teams.

The meet is located near Braggs Ok at 327 Central Europe Rd. Braggs, Ok 74423. The First race will start at 9:00 am and will be on a rolling schedule.

## Coaches Meeting at 8:30 look for signs

## 9:00 start of 1<sup>st</sup> race

Elementary (3rd-5th) boys and girls will run together- Coaches get times-1 mile

- All High school boys (5km)
- All High school girls (5km)
- All MS Boys (2 miles)
- All MS Girls (2 miles)

Medals to the 1st 15 runners -

1stand 2<sup>nd</sup> Place Team plaques will be presented to the winners of each division for HS and MS. The Meet will be held at Camp Gruber. It is a military base and they will check all adults IDs upon entering the gates, so please inform your parents who come to watch to have their IDs available. Seating will be available for the spectators.

Coach Toby Hummingbird will need definite confirmation by September 11th. Please contact Coach Hummingbird at 918-231-9449

Entries need to be submitted to Enduro by Sept 7<sup>th</sup>. www.runendurousa.com

Do not enter elementary runners.

Martin Updike @918-577-1956 will answer any question about entries if you need help.

martin@i40raceservice.com

**Spectators**; you will need to show ID as you enter the main gates.