

# Randy Helms Invitational

Friday, September 10, 2021  
Eldon Lyon Park: 7400 NW 36<sup>th</sup> St, Bethany, OK 73008

On behalf of the Putnam City North Panthers, we'd like to invite you to our first **Randy Helms Invitational**. The course is very flat **AND** spectator friendly. We are expecting fast times and a lot of fun for athletes, family, friends, etc. We **WILL** have a concession stand!! If you have any questions, please contact:

Coach Bryce Balenseifen: [bbalenseifen@putnamcityschools.org](mailto:bbalenseifen@putnamcityschools.org) Phone: (405) 618-2720

**Registration: DEADLINE is Thursday, September 9<sup>th</sup>, 5:00 PM**

**Entries after the deadline will NOT be allowed. - - NO EXCEPTIONS**

**Entry Procedure:** All entries must be completed online at: [www.endurousa.com](http://www.endurousa.com)  
If you do not already have an account, you will need to visit "ENDURO USA" - - -  
([www.endurousa.com](http://www.endurousa.com)). After you set up your account, email Kevin McWatters  
([kevin@runenduro.com](mailto:kevin@runenduro.com)). In your email, list your school, the roster(s) you need (boys and/or girls), and the name of the previous coach. Please do not wait until the last minute to contact Kevin.

## **Schedule:**

### **9:00 AM MIDDLE SCHOOL COACHES MEETING**

9:20 AM 7<sup>th</sup> Grade Girls 1.5 mile, 9:40 AM 8<sup>th</sup> Grade Girls 1.5 mile

10:00 AM 7<sup>th</sup> Grade Boys 2 mile, 10:20 AM 8<sup>th</sup> Grade Boys 2 mile

### **11:00 AM HIGH SCHOOL COACHES MEETING**

11:20 AM Varsity Girls 5k, 11:50 PM JV Girls 5k

12:20 PM Varsity Boys 5k, 12:50 PM JV Boys 5K

## **Awards:**

20 medals for **EACH** division (JV included)

## **Entry Fees:**

**High School Teams- \$70.00 Per Team OR \$130.00 for both teams (JV included in price)**

**Middle School Teams- \$50.00 Per Division. OR 4 Teams entered= \$170.00**

**Individual Entry (Teams less than 5 runners): \$10.00 per individual**

## **Make checks Payable to:**

**Putnam City North Track Booster Club**

## **If mailing, please send checks to:**

**ATTN Bryce Balenseifen  
Putnam City North High School  
11800 N Rockwell Ave  
Oklahoma City, OK 73162**