



**Southeastern Oklahoma State University  
Cross Country 2021**

**5<sup>th</sup> Annual Southeastern Invitational  
Friday, September 10, 2021**

**Race Schedule:** We will follow a rolling schedule – estimated starts times as indicated

High School Varsity Girls 5K – 1:00 p.m. (7 runners maximum)  
High School JV Girls 5K – 1:30 p.m. (unlimited runners)  
High School Varsity Boys 5K – 2:00 p.m. (7 runners maximum)  
High School JV Boys 5K – 2:30 p.m. (unlimited runners)  
High School Varsity Girls 3200 (2 mile) – 3:00 p.m. (unlimited runners)  
Junior High Girls – 3:30 p.m. (unlimited runners)  
Junior High Boys – 4:00 p.m. (unlimited runners)  
University Women’s 5K- 4:30 p.m. (unlimited runners)  
University Men’s 5K- 5:00 p.m. (unlimited runners)

**Course:** The meet will be held on Southeastern Oklahoma State University’s home cross country course, Crooked Smile Trail.

**Entry Fees:** **Varsity Girls and Boys – \$100 per team (\$200 for both)**  
**Varsity Girls and Boys with JV Teams - \$300**  
**Varsity Girls and Boys with JV Teams and JH Teams - \$350**  
**Junior High only Girls and Boys - \$50 per team (\$100 for both)**  
**Individual – \$20 per runner (or for schools with fewer than 5 runners)**

**Entry Deadline:** Friday, September 3, 2021 at 11:59 pm

**Entry Procedure:** Please email [rhair@se.edu](mailto:rhair@se.edu) with your intent to compete.  
Enter online at [www.directathletics.com](http://www.directathletics.com)  
Southeastern Invitational  
**Registration opens August 23, 2021**

**Meet Director:** Ron Hair, (580)745-2480 office, (940)704-7477 cell, email: [rhair@se.edu](mailto:rhair@se.edu)