Wright City Cross Country would like to invite you to participate in our Tristah McGowan Memorial Cross Country Meet to be held on Saturday August 21st. Entry fee will be \$50 per team, \$10 per individual runner, \$200 if you bring all teams. We will award medals to top 15 finishers in each division. No team trophies. Timeline will be as follows:

9:00 a.m.	Coach's meeting	
9:15 a.m.	Varsity girls	2400 meters
9:35 a.m.	Varsity boys	4000 meters
10:15 a.m.	Junior high girls	1600 meters
10:35 a.m.	Junior high boys	2400 meters
11:00 a.m.	Elementary girls	1600 meters
11:20 a.m.	Elementary boys	1600 meters

MEET WILL BE HELD AT WRIGHT CITY RODEO AREANA. DIRECTIONS: FROM HIGHWAY 3 TURN SOUTH ON RODEO GROUNGS ROAD (BY SOUTH POLE STORE), RODEO GROUNDS WILL BE ON RIGHT APPROXIMATELY 1 MILE. FROM HIGHWAY 70 TURN NORTH ON HIGHWAYT 98, WHEN YOU GET TO WRIGHT CITY TURN NORTH ON RODEO GROUNDS ROAD, JRODEO GROUNDS WILL BE ON YOUR LEFT APPROXIMATELY 5 MILES.

CONTACT INFORMATION: JOHNNY CRABTREE 580-212-6062. jcrabtree@wcisd.org

Please email me a list of your entries by August 19th. If not you can fill out entries day of meet.

Mail checks to Wright City Cross Country Attn: Johnny Crabtree, P.O. Box 329 Wright City OK 74766