



***Bethany Bronchos Invitational
High School & Middle School Cross Country Meet***

Date: Friday, Sept. 16, 2022

Location: Eldon Lyon Park, 7300 NW 36th, Bethany, Ok.

Parking: I will send out an email the week of the meet. I am having to work with the City of Bethany, Southwest Christian, and SNU. *I will also upload a map of the course when I get it marked.*

Awards: Medals to top 20 runners in each Varsity, JV, and MS race. 1st place *ONLY* Plaque for each Varsity Race, & MS Races.

	8:00am HS Coaches Meeting	
Race Schedule:	8:15am	V Girls 2 Mile
	8:35am	V Girls 5K
	9:05am	Varsity Boys 5K (2A-4A)
	9:35am	Varsity Boys 5K (5A & 6A)
	10:05am	JV Girls 2 Mile
	10:30am	JV Boys 5K
	11:00am MS Coaches Meeting	
	11:10am	7th Girls 1.5 Mile
	11:30am	8th Girls 1.5 Mile
	11:50am	7th Boys 1.5 Mile
	12:10pm	8th Boys 1.5 Mile

Race times are approximate and will start at the conclusion of the preceding race. ***Large School Girls can have JV girls run with Varsity for the 5k if you don't want them running the 2 mile, & depending on entries we can run 2A-6A races together.***

ONLINE ENTRIES: Enter runners online at www.endurousa.com (I will send out the code once the meet gets set up on Enduro) **Deadline to enter: Thursday, September 15th at 5:00pm.** **Teams will not be added at the meet.** Each team will receive a packet with a bib for each runner. The bib must be worn on the front (chest area). Students will not be allowed to start/enter a race without his/her bib. Middle School athletes can **NOT** be entered through a high school account. If you need assistance with your ENDURO USA account, please contact Kevin McWatters at kevin@runenduro.com, or (405)641-6006. No race day entries will be accepted.

ENTRY FEES: \$85.00 per each High School team entered (Includes JV Runners), \$170.00 Max.
\$50.00 per each Middle School team entered, \$200.00 Max.
\$370.00 if entering all 3 divisions (HS, JV, & MS)

Individual Runners cost \$15.00

Make checks payable to: Bethany Public Schools; Attn:
Zac Coulson, 4312 N Mueller Ave, Bethany Ok 73008

[Please email me if you plan on attending!](#)

Contact Information:

Zac Coulson

Bethany Cross Country

Email: zcoulson@bethanyschools.com

Phone: 918-640-3670 (Cell)