



OKLAHOMA- ARKANSAS ALL-STAR CROSS COUNTRY

Saturday, November 12, 2022

Race Schedule

Check-In 10:00am
Girls (5K) 11:30 am
Boys (5K) 12:00pm

Course Location

Oneta Ridge Middle School
6800 E. Quincy Place
Broken Arrow, OK 74014

Oklahoma All-Star Team Qualifications

- Runners are only accepted with a nomination from OCCTCA member coaches and must verify their intent to compete. ***Athletes nominated by non-member coaches will NOT be accepted.***
- Top 10 fastest nominated and verified runners per class will represent the Oklahoma All-Star Team.
- The selected 50 athletes will compete for the Oklahoma All-Star Team (per gender). These athletes will receive a complementary jersey for the meet. Athletes will be required to supply their own racing bottoms/shorts.
- Athletes should report to the registration area no later than 10am.
- Qualifiers for this year's team will be posted on Facebook at "Oklahoma Track & Field and Cross Country" and www.ohstrack.com. If you text, please include your name in the text.

Classes 2A/3A/4A Nominations

Kendra Hoover
hoover@mooreland.k12.ok.us
(405) 761-8146

Classes 5A/6A Nominations

Aaron Partridge
apartridge@baschools.org
(405) 777-8979

**PLEASE CONFIRM YOUR PARTICIPATION NO LATER THAN TUESDAY, NOVEMBER 1ST
BY COMPLETING THE GOOGLE FORM ON OHSTRACK.COM**

After you have confirmed your athlete's participation - and after he/she has been accepted (by the Coach's Assoc.) - you must enter your athlete online through your ENDURO USA account (www.enduroussa.com).

Oklahoma XC Meet of Champions Details

- Awards to the top 25 per race.
- Team photo & Race photos will be taken & posted to our Facebook Page.
- Spectator Admission: \$5 gate fee per person, proceeds help cover expenses incurred by hosting this event.