

CHISHOLM / OBA

Cross Country Regional

Class 2A, 3A and 4A

Saturday, October 22, 2022

LOCATION: Meet will be held at **OKLAHOMA BIBLE ACADEMY CROSS COUNTRY COURSE** in Enid (5913 W. Chestnut Ave.)

TIME & DISTANCE	2A Coaches' Meeting	Finish Line Area	9:15 A.M.
	2A Girls	3200 Meters	10:00 A.M.
	2A Boys	5000 Meters	10:45 A.M.
	2A Awards Presentation	Home Bleachers	11:30 A.M.
	3A Coaches' Meeting	Finish Line Area	11:15 A.M.
	3A Girls	3200 Meters	12:00 P.M.
	3A Boys	5000 Meters	12:45 P.M.
	3A Awards Presentation	Home Bleachers	1:30 P.M.
	4A Coaches' Meeting	Finish Line Area	1:15 A.M.
	4A Girls	3200 Meters	2:00 P.M.
	4A Boys	5000 Meters	2:45 P.M.
	4A Awards Presentation	Home Bleachers	3:30 P.M.

AWARDS Top 15 Individual Places
Team Plaque for 1st Place

REGISTRATION OF CROSS-COUNTRY TEAMS—INSTRUCTIONS

On-line Entry Deadline: Thursday, October 20th @ 5pm. All entries must be completed on-line at: www.endurosa.com (Complete All Steps.) Please enter your TEAM (athletes, up to 7 runners) before the deadline. If you have questions regarding your ENDURO Entries account, please contact: : cara@runenduro.com.

Jim Coleman jcoleman@chisholm.k12.ok.us
Chisholm High School, Enid, Oklahoma 73703
School Phone------(580) 237-5512
Cell Phone------(580) 791-1309

Ticket Prices (ENCOURAGE YOUR FANS TO BUY ONLINE TICKETS BEFORE THEY GET TO THE GATE) Regionals - \$7.00 + Fee for Online and \$10.00 for Cash Option.

The link for the Regional and State Cross Country Meet online tickets can be found on the home page of www.ossaa.com.

Run only 7 or less runners in the race.

Place the assigned competition number on the back of the left hand of the runner.

Each runner should be wearing a matching uniform (singlet and shorts) if they are on a team of 5-7 runners. They should be school approved uniforms.

Undergarments do not have to match.

Run within 6 feet of the marked line on the course.

Place team camps outside the roped areas.

No spectators on the football field during the awards presentation.

Please help keep your spectators off the course and outside roped areas and remind them not to run with a competitor during the competition.

Remind runners not to obstruct other runners during the race.



Cross Country Meet





Oklahoma Bible Academy
General Information – Regional Cross Country

- **Visiting team buses (All) will park in the large grassy area between the football and baseball fields. (See Map). Enter through the main entrance, travel south through the parking lot and enter parking area between metal buildings.**

- **Please stress to your parents the digital ticket process.**
 - **Digital ticket is 7.00 / Cash ticket at the gate is 10.00**
 - **See map for tent set up location.**

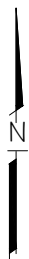
- **Concessions will be available**
- **Medical personnel will be onsite.**

Headmaster – Andy Wilkins

Dean of Students / Athletic Director – James Cheatham = jcheatham@oklahomabible.com

Head Coach – Daniel Cummins = dcummins@oklahomabible.com

Onsite Director – Alan Ford

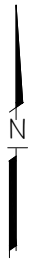


HIGH SCHOOL GIRLS

3200 METERS

For Results See:
OHSTRACK.COM





HIGH SCHOOL BOYS



5000 METERS

For Results See:
OHSTRACK.COM

