



## CCS Cross Country Fall Opener

Saturday, August 20, 2022



**Location:** Community Christian School Activity Center

5300 Interstate Dr, Norman OK 73072

Cross Country Course is south of the CCS Baseball Field (see map below)

Parking is in the paved CCS Activity Center parking lot north of the baseball field.

**ON-LINE ENTRIES:** Coaches must submit all entries on the ENDURO USA™ website:

[www.endurousa.com](http://www.endurousa.com). - - - **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** - - - ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to: [cara@runenduro.com](mailto:cara@runenduro.com).

**ENTRIES DUE ON ENDURO BY 7PM ON THURSDAY, AUGUST 18<sup>TH</sup>.**

\*Fields will be limited to 20 Small Schools (2A-4A) and 20 Large Schools (5A-6A)

**Entry Fee:** \$90 for High School teams - \$160 for both girls and boys team

\$60 for Junior High teams - \$100 for both girls and boys team

\$15 per individual (up to 4 individuals)

Open Race: \$35 each (fee includes a free t-shirt)

Mail or bring check payable to:

CCS (memo: XC Coach)

3002 Broce Dr

Norman, OK 73072

**Contact:** Email Coach Lan Downing to confirm entry at [ccsxctf@ccsroyals.com](mailto:ccsxctf@ccsroyals.com).

**Check-In:** Bring a copy of the printed ENDURO Entries in exchange for team/coaches' packet and bib numbers.

**Gate Fee:** \$3 per spectator or \$5 per family

Concession stand available and t-shirts for sale.

**Awards:** Medals to the top 20 in each race and a trophy to the winning boy & girl in JH & HS Varsity divisions. Team Champion plaques will be awarded in JH & HS Varsity divisions. Results will be divided into Small Schools (2A-4A) and Large Schools (5A-6A).

**Schedule:** All races after the first race will be run on a rolling schedule.

8:00 COACHES' MEETING

8:15 JH GIRLS (7<sup>TH</sup>-8<sup>TH</sup> GRADE) 1 MILE

8:35 JH BOYS (7<sup>TH</sup>-8<sup>TH</sup> GRADE) 1 MILE

8:55 JV/VARSITY GIRLS 1 MILE

9:15 JV/VARSITY BOYS 2 MILES

\*If entries exceed course capacity, HS races will be divided into Small Schools and Large Schools.