



**FINISH  
ON  
EMPTY**  
**TIGER CROSS COUNTRY**

**CUSHING TIGER CROSS COUNTRY MEET**

**Tuesday, Oct. 11, 2022**

**CLASSES 5A & BELOW**

**The Meet is @ CMS. 521 S. Harmony Rd. Cushing, OK 74023**

**ON-LINE ENTRIES:** Coaches must submit all entries on the ENDURO USA™ website:

[www.endurousa.com](http://www.endurousa.com). --- **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** --- **ONLINE**

**ENTRIES DEADLINE:** the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to: [cara@runenduro.com](mailto:cara@runenduro.com).

**Schedule:**

10:00 am— Coaches Meeting  
10:30 am— Elem Girls (1 mile) awards to all finishers  
10:50 am— Elem Boys (1 mile) awards to all finishers  
11:10 am— Varsity & JV Girls (2 miles) 25 medals  
11:40 am— Varsity & JV Boys (5k) 25 medals  
12:10 am— JH Girls (1 mile) 25 medals  
12:40 am— JH Boys (1 mile) 25 medals

\*JV and Varsity will run together (boys & girls separate). Your first 7 runners will be counted as varsity to score.

\*REGISTER YOUR TEAM BY OCTOBER 10TH. NO WALK UPS.

\* COACHES: IF YOU ARE PLANNING ON PARTICIPATING IN OUR MEET, PLEASE GO TO [www.endurousa.com](http://www.endurousa.com) TO ENTER YOUR TEAM(S).

1st & 2nd place team trophies for junior high & varsity divisions.

ENTRY FEES: \$75.00 per each High School team entered (Includes JV). \$50.00 per each Middle School team entered.

Individual Runners cost \$15.00

Elementary race is free!

Make checks payable to: Cushing Public Schools; Attn: Josh Greer.  
521 S. Harmony Rd.  
Cushing, OK 74023