FRONTIER
CROSS COUNTRY INVITATIONAL
SATURDAY, OCTOBER 1, 2022

LOCATION: Frontier High School

RUNNERS: Any number of runners may participate from a school and compete for the individual medals, but only the top seven will be used in team scoring.

AWARDS: Medals for the top 30 places in each of the High School and Middle School Divisions.

The Middle School Division is for 8th grade and under. We will start the next race as soon as we can when the previous race is completed.

DIVISIONS	DISTANCE	EVENT TIME
High School Boys	5000 meters	9:00 am
High School Girls	2 miles	
Middle school boys	2 miles	
Middle school girls	1 mile	

ENTRY FEES:	**High School team (boys and girls)**	**$75 per team**
	Middle school team (boys and girls)	**$50 per team**
	Individual runner	**$15 (less than 5)**

MAKE CHECKS PAYABLE TO: FRONTIER PUBLIC SCHOOLS

ON-LINE ENTRY DEADLINE: Thursday, September 29th @ 7pm. All entries must be completed online at: **www.enduroentries.com** (comlete all 5 steps) For athlete eligibility purposes, make sure middle school athletes and high school athletes are entered separately through the appropriate ENDURO entries account. If you have questions regarding your ENDURO entries account, please contact Cara Branson at cara@runenduro.com.

IF YOU HAVE ANY QUESTIONS REGARDING MEET, PLEASE CONTACT:

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