

**STATE CHAMPIONS**  
**2015 2016 2017 2019 2021**

# 18<sup>TH</sup> ANNUAL RATTLESNAKE RUN



**HOSTED BY GUYMON HIGH SCHOOL**

**DATE:** Tuesday, September 13<sup>th</sup>, 2022

**LOCATION:** Guymon High School (West Side) 2002 North James Street

**SCHEDULE:** Packets & Course maps available 3:45 p.m. @ check-in station

Race	Time	Distance
JH Girls	5:00 p.m.	2 Miles
JH Boys	5:30 p.m.	2 Miles
Varsity/JV Girls	6:00 p.m.	2 Miles
Varsity/JV Boys	6:30 p.m.	5K

**AWARDS:** Custom Medals - Top 20 (Varsity), Top 10 (JV), Top 20 (JH)  
Plaques will be awarded to the 1<sup>st</sup> place teams (Varsity)  
Plaques will be awarded to the 1<sup>st</sup> place teams (JH)

**SCORING:** All divisions will be unlimited runners but will score top 7 finishers. Please enter athletes on athletic.net JV and Varsity runners will run together, but medaled separately. (JV runners will wear orange wristband) Top 7 will be scored for varsity only. No JV team scores will be given.

**FEES:** \$55 per Varsity/JV Team, If Var/JV or JH team is less than 5 runners \$10 per indiv.  
\$45 per Junior High Team, JV HS Team runs free if varsity team is entered.  
Please make checks payable to: *Guymon Cross Country* | 801 N. Beaver St. | Guymon, OK 73942

**ENTRY:** Please do meet entries on *athletic.net* Email *andy.brown@guymontigers.com* if you have issues. Entry deadline will be Monday, September at 12<sup>th</sup> 10:00AM **Please email to confirm and be added to the mailing list for results**

**CONTACT:** HS & JH Andy Brown GHS CC Coach  
School: 580-338-4350  
Cell: 580-817-0219  
E-mail: [andy.brown@guymontigers.com](mailto:andy.brown@guymontigers.com)

**PARKING:** South Parking lot of High School. Restrooms available

**EXTRA:** There will be a Food Truck on site & meet shirts for sale for \$10.00



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Please register athletes on athletic.net by September 12<sup>th</sup> by 10:00AM

Please e-mail me a copy of your roster to [andy.brown@guymontigers.com](mailto:andy.brown@guymontigers.com)

<b>Varsity Boys (\$55.00)</b>	<b>Varsity Girls (\$55.00)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
<b>Junior Varsity Boys (Free with Varsity Team entered)</b>	<b>Junior Varsity Girls (Free with Varsity Team entered)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
<b>Junior High Boys (\$45.00)</b>	<b>Junior High Girls (\$45.00)</b>
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10



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**RATTLESNAKE RUN**  
**COURSE RECORDS**

**JH GIRLS**

Name	Team	Time	Year	Distance
Brenna Butler	Spearman	13:03	2017	2 Miles*
Anna Vyn	Dalhart Christian	13:06	2020	2 Miles*
Yeraldy Ruiz	Guymon	13:06	2017	2 Miles*
Frankie Martens	Hooker	13:24	2018	2 Miles*
Lariat Lerner	Gruver	13:28	2011	2 Miles

**JH BOYS**

Name	Team	Time	Year	Distance
Dereje Himbago	Guymon	10:51	2016	2 Miles
Jose Garay	Texhoma	11:23	2018	2 Miles*
Jose Amador	Hooker	11:31	2013	2 Miles
Kaysen Stevens	Hooker	11:39	2018	2 Miles*
Dereje Himbago	Guymon	11:40	2015	2 Miles

**HS GIRLS**

Name	Team	Time	Year	Distance
Zoe Weaver	Beaver	12:02	2018	2 Miles*
Karissa Glover	Goodwell	12:32	2018	2 Miles*
Destyni Lucero	Liberal	12:34	2012	2 Miles
Chelsea Jackson	Garden City	12:36	2011	2 Miles
Samantha Gonzalez	Stratford	12:39	2012	2 Miles

**HS BOYS**

Name	Team	Time	Year	Distance
Dereje Himbago	Guymon	16:06	2017	5K*
Colten Brown	Boise City	17:00	2016	5K*
Javier Jaramillo	Guymon	17:04	2016	5K*
Angel Viveros	Liberal	17:10	2012	5K
David Perez	Hooker	17:11	2010	5K

**FASTEST TEAM AVERAGE**

Division	Team	Average	Year	Distance
Varsity Boys	Guymon	17:30	2017	5K*
Varsity Girls	Garden City	13:01	2011	2 Miles
Junior High Boys	Eisenhower	12:16	2018	2 Miles*
Junior High Girls	Spearman	14:00	2018	2 Miles*

\*New Course in 2016



@GuymonXC



Guymon Tigers Cross Country



GuymonXC

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## 18th Annual Rattlesnake Run (#189644)

<b>Date</b>	9/13/2022	<b>Host</b>	Guymon
<b>Location</b>	Guymon High School 2002 N. James Street, Guymon 73942	<b>Director</b>	Andy Brown
		<b>Email</b>	<a href="mailto:andy.brown@guymontigers.com">andy.brown@guymontigers.com</a>
		<b>Phone</b>	580-817-0219

**Athlete Registration will be locked on 9/12/2022 at 10:00 AM**

### 1. Sign up for a free coach account (if you do not have one)

- Go to the website: [www.athletic.net](http://www.athletic.net)
- Click on '[Log In](#)' in the upper right hand corner, and then click '**Sign Up**' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

### 2. Add meets to your season calendar

- **Log In** to Athletic.net
- Navigate to the [Events page](#)
- Start typing **18th Annual Rattlesnake Run** into the Search Box
- Expand the meet card, and find the button to add this meet to your team's calendar
- Repeat this process for the rest of your season calendar (*You can also find meets by date and location*)
- If a meet is not listed, you can add it to your calendar by clicking 'Add new Event' and following the wizard
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

### 3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

### 4. Register athletes for 18th Annual Rattlesnake Run

- Locate **18th Annual Rattlesnake Run** on your team's main Cross Country page and click on it
- Click "**Register Athletes**"
- Follow instructions on the meet registration page to enter your athletes into the appropriate division(s).
- Use the "Add an athlete" buttons to add athletes to your roster if needed.