# 18<sup>TH</sup> ANNUAL RATTLESNAKE RUN



**DATE:** Tuesday, September 13<sup>th</sup>, 2022

**LOCATION:** Guymon High School (West Side) 2002 North James Street

SCHEDULE: Packets & Course maps available 3:45 p.m. @ check-in station

Race	Time	Distance
JH Girls	5:00 p.m.	2 Miles
JH Boys	5:30 p.m.	2 Miles
Varsity/JV Girls	6:00 p.m.	2 Miles
Varsity/JV Boys	6:30 p.m.	5K

**AWARDS:** Custom Medals - Top 20 (Varsity), Top 10 (JV), Top 20 (JH)

Plaques will be awarded to the 1<sup>st</sup> place teams (Varsity) Plaques will be awarded to the 1<sup>st</sup> place teams (JH)

**SCORING:** All divisions will be unlimited runners but will score top 7 finishers. Please

enter athletes on athletic.net JV and Varsity runners will run together, but medaled separately. (JV runners will wear orange wristband) Top 7 will be

scored for varsity only. No JV team scores will be given.

**FEES:** \$55 per Varsity/JV Team, If Var/JV or JH team is less than 5 runners \$10 per indiv.

\$45 per Junior High Team, JV HS Team runs free if varsity team is entered. Please make checks payable to: *Guymon Cross Country* | 801 N. Beaver St. |

Guymon, OK 73942

**ENTRY:** Please do meet entries on *athletic.net* Email *andy.brown@guymontigers.com* 

if you have issues. Entry deadline will be Monday, September at 12<sup>th</sup> 10:00AM Please email to confirm and be added to the mailing list for results

CONTACT: HS & JH Andy Brown GHS CC Coach

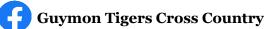
School: 580-338-4350 Cell: 580-817-0219

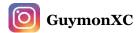
E-mail: andy.brown@guymontigers.com

**PARKING:** South Parking lot of High School. Restrooms available

**EXTRA:** There will be a Food Truck on site & meet shirts for sale for \$10.00







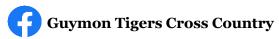
# 18<sup>TH</sup> ANNUAL RATTLESNAKE RUN

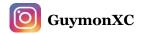
Tuesday, September 13th, 2022

Please register athletes on athletic.net by September 12<sup>th</sup> by 10:00AM Please e-mail me a copy of your roster to andy.brown@guymontigers.com

Varsity Boys (\$55.00)	Varsity Girls (\$55.00)
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
Junior Varsity Boys (Free with Varsity Team entered)	Junior Varsity Girls (Free with Varsity Team entered)
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
Junior High Boys (\$45.00)	Junior High Girls (\$45.00)
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9 10	9
10	10







# **RATTLESNAKE RUN COURSE RECORDS**

#### JH GIRLS

Name	Team	Time	Year	Distance
Brenna Butler	Spearman	13:03	2017	2 Miles*
Anna Vyn	<b>Dalhart Christian</b>	13:06	2020	2 Miles*
Yeraldy Ruiz	Guymon	13:06	2017	2 Miles*
Frankie Martens	Hooker	13:24	2018	2 Miles*
Lariat Larner	Gruver	13:28	2011	2 Miles

#### JH BOYS

<u> </u>				
Name	Team	Time	Year	Distance
Dereje Himbago	Guymon	10:51	2016	2 Miles
Jose Garay	Texhoma	11:23	2018	2 Miles*
Jose Amador	Hooker	11:31	2013	2 Miles
Kaysen Stevens	Hooker	11:39	2018	2 Miles*
Dereje Himbago	Guymon	11:40	2015	2 Miles

### **HS GIRLS**

Name	Team	Time	Year	Distance
Zoe Weaver	Beaver	12:02	2018	2 Miles*
Karissa Glover	Goodwell	12:32	2018	2 Miles*
Destyni Lucero	Liberal	12:34	2012	2 Miles
Chelsea Jackson	Garden City	12:36	2011	2 Miles
Samantha Gonzalez	Stratford	12:39	2012	2 Miles

# **HS BOYS**

Name	Team	Time	Year	Distance
Dereje Himbago	Guymon	16:06	2017	5K*
Colten Brown	<b>Boise City</b>	17:00	2016	5K*
Javier Jaramillo	Guymon	17:04	2016	5K*
Angel Viveros	Liberal	17:10	2012	5K
David Perez	Hooker	17:11	2010	5K

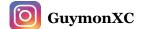
## **FASTEST TEAM AVERAGE**

Division	Team	Average	Year	Distance
Varsity Boys	Guymon	17:30	2017	5K*
Varsity Girls	Garden City	13:01	2011	2 Miles
Junior High Boys	Eisenhower	12:16	2018	2 Miles*
Junior High Girls	Spearman	14:00	2018	2 Miles*

<sup>\*</sup>New Course in 2016







# 18th Annual Rattlesnake Run (#189644)

Date9/13/2022HostGuymonLocationGuymon High SchoolDirectorAndy Brown

2002 N. James Street, **Email** <u>andy.brown@guymontigers.com</u>

Guymon 73942

**Phone** 580-817-0219

#### Athlete Registration will be locked on 9/12/2022 at 10:00 AM

# 1. Sign up for a free coach account (if you do not have one)

- Go to the website: www.athletic.net
- Click on 'Log In' in the upper right hand corner, and then click 'Sign Up' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

# 2. Add meets to your season calendar

- Log In to Athletic.net
- Navigate to the Events page
- Start typing **18th Annual Rattlesnake Run** into the Search Box
- Expand the meet card, and find the button to add this meet to your team's calendar
- Repeat this process for the rest of your season calendar (You can also find meets by date and location)
- If a meet is not listed, you can add it to your calendar by clicking 'Add new Event' and following the wizard
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

# 3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

# 4. Register athletes for 18th Annual Rattlesnake Run

- Locate 18th Annual Rattlesnake Run on your team's main Cross Country page and click on it
- Click "Register Athletes"
- Follow instructions on the meet registration page to enter your athletes into the appropriate division(s).
- Use the "Add an athlete" buttons to add athletes to your roster if needed.

