

# Free Meet !!!

## Army National Guard Cross Country Invitational

Held at Camp Gruber, Braggs Ok Sept 9 2022

Haskell Schools will be hosting a Cross Country meet again this year at Camp Gruber, located near Braggs Oklahoma.

This meet is not limited. The National Guard is sponsoring this meet and entry is **FREE** to the confirmed teams

Meet location: 327 Central Europe Rd. Braggs, OK 74423

Coaches Meeting at 8:30am - look for signs

The first race will start at 9:00am and will be on a rolling schedule.

- Elementary (3rd-5th) Boys and Girls will run together - Coaches will get times - **1 mile**
- All High School Boys (5K)
- All High School Girls (5K)
- All MS Boys (2miles)
- All MS Girls (2miles)

Medals to the first 15 runners - 1st and 2nd Place Team Plaques will be presented to the winners of each division for HS and MS.

The meet will be held at Camp Gruber, a military base, and they will check all adults IDs upon entering the gates, so please inform your parents who come to watch to have their IDs available. Seating will be available for the spectators. Coach Toby Hummingbird will need definite confirmation by September 7th. Please contact Coach Hummingbird at 918-231-9449.

Entries need to be submitted to Enduro by September 7th. [www.runendurousa.com](http://www.runendurousa.com)

**Do not enter elementary runners on Enduro**

Martin Updike (918-577-1956) will answer any questions about entries if you need help.  
[martin@i40raceservice.com](mailto:martin@i40raceservice.com)