

BLUE & GOLD XC INVITATIONAL
SATURDAY, SEPTEMBER 24, 2022
HOLDENVILLE LAKE

Location: Holdenville Lake – South of Holdenville on Hwy 48

Information: We will be using computer timing so please email your entries in advance. If you do not know who you will be bringing that's ok, go ahead and email all possible entries even if they may or may not run. Due to the size of this meet we **WILL NOT accept race day entries**. Entering these by hand on race day will delay the start of the races. Email all possible entries to rturner@holdenville.k12.ok.us please include the following information: Name, Gender, Grade, and School Deadline is 5:00 pm September 23rd, 2022

Entry Fee: \$100 Varsity per gender \$80 Junior High per gender \$40 Elementary combined If you have less than a full team in a division the price is \$20 per Individual not to exceed the team entry fee.

Checks made payable to: Holdenville Public Schools

Mail payment to: Holdenville High School
Attn: Ryan Turner, Cross Country Coach
210 Grimes Holdenville, OK 74848

Awards: Top-25 finishers in each division will receive a custom medal at the end of the finish line chute.

Results: Results will be posted on the side of the Bath House Building at the conclusion of each race.

Schedule: 8:40am – Coaches Meeting
9:00am – Elementary Girls 1 mile (6th Grade and under)
9:20am – Elementary Boys 1 mile (6th Grade and under)
9:40am – High School Girls 2 mile
10:00am – High School Boys 3.1 mile
10:25am – Junior High Girls 1 mile (7th & 8th Grade)
10:40am – Junior High Boys 1 mile (7th & 8th Grade)

Questions call Ryan Turner (918) 257-0618