

HOLLAND HALL SCHOOL

5666 East 81st Street ✧ Tulsa, Oklahoma 74137-2099 ✧ (918) 481-1111

37TH ANNUAL HOLLAND HALL CROSS COUNTRY INVITATIONAL SATURDAY, SEPTEMBER 17, 2022

Holland Hall School invites you to participate in our 37th annual cross-country invitational.

Location and Course:

Our course is located completely within our campus at 5666 E. 81st Street, between Sheridan and Yale, in Tulsa. It is a rolling grass/dirt course, crossing short stretches of gravel and pavement with two relatively steep climbs through a wooded trail for the 5000m course. The 3200m course is a 2 loop course with no hills.

<u>Schedule:</u>	<u>Time:</u>	<u>Distance:</u>
Coaches Meeting	8:50 am	Starting Line
Varsity Boys (7 runners)	9:00 am	5000m
JV Boys	9:25 am	5000m
Varsity Girls (7 runners)	10:00 am	5000m
JV Girls	10:40 am	5000m
Jr. High Boys	11:15 am	3200m
Jr. High Girls	11:30 am	3200m
Elementary Boys	12:00 pm	1600m
Elementary Girls	12:15 pm	1600m

Awards:

Trophies will be given to the top three schools in Varsity divisions. Medals will be awarded to the top fifteen (15) Varsity/Jr High individuals and top ten (10) JV individuals.

Entry Fees:

High School Boys - \$50; High School Girls - \$50 or \$85 both high school teams or \$10 per individual entered.

Junior High Boys - \$50; Junior High Girls - \$50 or \$85 for both Junior High teams or \$10 per individual entered.

JV teams are free with varsity team entered if not same as varsity fee.

Elementary race is free.

Make checks payable to Holland Hall School.

Registration:

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website:

www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - ONLINE ENTRIES DEADLINE: September 15 at 11:00 pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET. If you need help with your ENDURO USA™ account, please email your questions to: cara@runenduro.com.**

Contact Information:

Holland Hall
Greg Spencer
5666 E. 81st St.
Tulsa, OK 74137

Phone: (918) 481-1111 x 4746
(918) 510-8174 (Cell)
Fax: (918) 879-4757
E-Mail: gspencer@hollandhall.org