



Lincoln Christian School 1st Annual Mile Season Opener

PURPOSE: Lincoln Christian School would like to invite you to the first annual Mile Season Opener on our 200+ acre campus. The course, as our practice site, has produced 7 state championship teams, 2 individual state champions, 3 individual state runner ups and 14 all state runners since our team's inception in 2009. The goal of the meet is to kick off the season with fast times and strong team competition. The course is fast and mostly flat, with a slight downhill start and finish. <https://lcssports.com/facilities/cross-country-course/9>

DATE: Saturday, August 20th

LOCATION: Lincoln Christian School. 1003 N 129th E Ave, Tulsa, OK 74116

SCHEDULE: Rolling schedule - times are estimates

8:30 AM	Coaches Meeting
8:45 AM	Elementary and family (FREE)
9:05 AM	JH Boys
9:20 AM	JH Girls
9:40 AM	Varsity Boys (7 Runners)
9:55 AM	Varsity Girls (7 Runners)
10:10 AM	JV Boys
10:30 AM	JV Girls

AWARDS: Trophies will be given to the winning team varsity boys, varsity girls, junior high boys and junior high girls. Medals will be given to the top 15 in varsity divisions and top 10 in JV/JH.

ENTRY FEES:

- Elementary Free
- \$40 Per JH Division (JH Girls, JH Boys)
- \$75 Per HS Division (JV free if varsity entered)
- \$200 For all divisions

TEAM CAMP AREA

- Teams will be designated to the area on the north side of the road that goes through campus.

BUS PARKING and DROP

- Bus parking will be in the lot near the Oneighty building on the west side of the campus.
- Overflow parking for buses will be in the main parking lot in front
- Buses will drop at the team camp area then continue on to 145th E Ave. Proceed north to Pine St. and circle back to 129th E Ave to reenter campus to park.

CONTACT INFO FOR ATTENDING: If you plan to attend, you must contact Stephen Lewelling slewelling@lincolnchristianschool.com 405-326-7289 prior to the meet to confirm entry and number of teams attending (JH/ JV/ Varsity). Mail payments to Lincoln Christian School 1003 N. 129th E. Ave Tulsa, OK 74116

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website: www.endurousa.com. - - - **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** - - - **ONLINE ENTRIES DEADLINE:** the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to: cara@runenduro.com.

SEE BELOW FOR COURSE MAP AND PARKING

129th E Ave



**LINCOLN CHRISTIAN
CROSS COUNTRY
TULSA, OK**