

OKEMAH 9TH ANNUAL CROSS COUNTRY MEET
SATURDAY, SEPTEMBER 3, 2022
OKEMAH HIGH SCHOOL

Location: Okemah High School Campus– 704 E. Date St.

Information: We will be using computer timing so please email your entries in advance. If you do not know who you will be bringing that's ok, go ahead and email all possible entries even if they may or may not run. Due to the size of this meet we WILL NOT accept race day entries. Entering these by hand on race day will delay the start of the races. Email all possible entries to mturner@okemahk12.com; please include the following information: Name, Gender, Grade, and School Deadline is 5:00 pm September 2, 2022

Entry Fee: \$80 Varsity per gender \$60 Junior High per gender \$40 Elementary combined If you have less than a full team in a division the price is \$20 per Individual not to exceed the team entry fee. *Water will be provided for runners and we will have concessions for drinks & snacks for spectators.*

Class: 3A & Below

Awards: Top-25 finishers in each division will receive a custom medal at the end of the finish line chute. Overall winners for the JH/HS girls and boys division will receive a plaque, NO TEAM award.

Results: Results will be posted on the boards near the track building behind the bleachers at the conclusion of each race.

Parking: Buses: South of the Panther Dome

Schedule: 8:30am – Coaches Meeting
8:45am – HS Girls 1 mile
9:10am – HS Boys 2 miles
9:30am – JH Girls 1 mile
9:45am – JH Boys 1 mile
10:00am – Elementary girls & boys 1 mile (6th grade & below)
Awards to all finishers

Checks made payable to: Okemah Public School

Mail payment to: Okemah High School
Attn: Melissa Turner, Cross Country Coach
101 N. 16th St.
Okemah, OK 74859

Questions call Melissa Turner (918) 285-0928