

## Oklahoma Big 7 Cross Country Meet (High School) Tuesday, October 11, 2022

The Oklahoma Big 7 Cross Country Meet will be held at Choctaw Creek Park, located on Harper Road between NE 10th Street and NE 23rd Street in Choctaw, OK. Awards will be presented to the top 15 runners in each division. Top 10 runners are All-Conference; the next 5 are honorable mention. Team plaque will be awarded for champion in both varsity divisions.

All entries will need to be completed on <u>www.endurousa.com</u>. Varsity entries are limited to 7 runners; JV entries are unlimited.

<u>ON-LINE ENTRIES</u>: Coaches must submit all entries on the ENDURO USA<sup>™</sup> website: www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - <u>ONLINE</u> <u>ENTRIES DEADLINE</u>: the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL <u>NOT</u> BE ADDED AT THE MEET. If you need help with your ENDURO USA<sup>™</sup> account, please email your questions to: <u>cara@runenduro.com</u>.

## SCHEDULE:

Coaches Meeting - 4:30 p.m. JV Girls - 4:45 p.m. Varsity Girls - 5:15 p.m. JV Boys - 5:45 p.m. Varsity - 6:15 p.m.

\*A concession stand will be available under the large pavilion, and hospitality meals will be provided for coaches.

**Entry fee**: No entry fee - waived by conference.

**Directions**: Across the street from 1960 Harper Street, Choctaw, OK 73020 Busses park down by the pavilion at the bottom of the park and spectators park up top parallel to Harper Street

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Eric Jenkins Girls Cross Country Coach Cell: 405-802-5068