

## DEPARTMENT OF ATHLETICS



OKMULGEE

**Date:** Friday September 23rd, 2022

**Location:** YMCA 106 W. 13<sup>th</sup> Okmulgee, OK 74447

**Dressing:** Facilities along with restrooms will be available.

**Time Schedule:** 1:30pm Coaches Meeting

2:00pm     Varsity Girls--1 Mile-15 Medals  
              Varsity Boys--2 Miles-15 Medals  
              JV Girls--1 Mile-15 Medals  
              JV Boys-2 Miles-15 Medals  
              JH Girls--1 Mile-15 Medals  
              JH Boys--1 Mile-15 Medals

Races will begin immediately after the previous race FINISHES!! NO TEAM TROPHIES WILL BE GIVEN. NO SCORING WILL BE KEPT.

**Entry Fees:** Make checks payable to:

***Okmulgee Cross Country***  
***415 W 3<sup>rd</sup> St***  
***Okmulgee, OK 74447***

\$60.00 per team or \$100 if both boys and girls teams compete.

JV teams are free if the varsity teams compete

\$15.00 per individual

\$40.00 for JH Teams

You should check in at the scorer's table immediately upon arrival to get you team race tags.

The course is flat with one hill and a bridge to cross.

Please arrive at the meet early and have you runners on the starting line early.

Okmulgee High School  
Dwight Pankey, Cross Country Coach  
918.758.2075-School  
918.521.2329-Cell