

Updated: December 8, 2021

2022 Cowboy Jamboree – High School – Meet Information

Oklahoma State University
Stillwater, OK

Date: Saturday, September 24, 2022

Location: The Greiner Family Cross Country Course
1405 N. Walnut
Stillwater, OK 74075

Meet Director: Stacy Stanush
Email: stacy.stanush@okstate.edu
Phone: (210).896.9646

Race Schedule (all times in CST):

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| 10:30AM | Boy's 5K |
| 11:00AM | Girl's 5K |
| ~12:00PM | Team Trophy Presentation (near start line) |

Entry Information: The entry deadline is noon (CST) on Monday, via DirectAthletics. Limited to 10 runners per gender per school. Out of state teams permitted. *Instructions on how to enter your team via DirectAthletics is below*

Entry Cap: THIS MEET WILL BE CAPPED AT 40 TEAMS. Email the meet director with your intent to compete. Once the cap has been reached, we will no longer accept teams into the meet.

Entry Fee: \$100 per gender per team, or \$10 per entry if entering 4 athletes or less. Entry will not be confirmed unless payment is received via DirectAthletics or a PO is submitted prior to the meet. All invoices will be sent to the coach on file within 7 days of competition.

Make checks payable to:
Oklahoma State Track & Field and Cross Country
200 Athletics Center
Stillwater, OK 74078

Facility Rules: There are **NO PETS OR WHEELED VEHICLES** allowed on the course. PLEASE HAVE ATHLETES INFORM THEIR PARENTS. There is a team entrance and a spectator entrance, located on the course map. Athletes must utilize the team entrance. DO NOT JUMP THE FENCE.

Mask Requirements: TBD.

Packet Pick-Up: Packet pick-up will be located in the clerking area from 4:00pm-6:00pm on Friday, during shakeouts, or on Saturday, from 9:15am-10:15am. **Only one coach per team permitted to pick up packets.**

Clerking Area: Please see course maps for location of Clerking Area.

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Meet Rules: Report all scratches, including turning in the athlete's bib, no later than 15 minutes prior to the start of the race. Otherwise, any athlete without a finishing time will be listed as a DNF. **Name changes will not be permitted on race day.**

Team Area: Please see course maps for location of Team Area. If teams are bringing their own tents, space is first come first served. Please refer to the map on where tents can be set up.

Timing: The meet will be timed by Red Dirt Race Management. All races will utilize chipped bibs. Turn in the unused bibs no later than 15 minutes prior to the start of the race to the clerking area.

Girls Deadline: 10:15am Boys Deadline: 10:45am

Facility Availability: The Greiner Family Cross Country Course will not be available for warm ups on race day due to the Collegiate races. The course will be available on Friday, from 4:00pm-6:00pm. **Please contact the meet director by Wednesday, September 21st, 2022 at noon CST if you intend on bringing your team to shakeouts.**

Awards: Team trophies will be given to the first place boy's and girl's team, and medals to the top 20 individuals.

Team Parking: Please see course map for the location of team bus and van parking. Team buses will be permitted to park along Tyler Ave. Overflow for the remainder of team buses and vans will need to park in lot #75 at the Neal Patterson Soccer Stadium. Team transportation will only be allowed to drive west on Tyler Ave. to drop off near the team camp site.

Spectator Parking: Parking will be available in lot #120 at the O'Brate Baseball Complex.

Training Room Facilities: Please contact Kersten Nagy, ATC, kersten.nagy@okstate.edu.

Dressing/Shower Facilities: Not Available

Spectator Tickets: Event is free of admission

How to Submit Online Entries

NOTE: After all of your athletes have been added to your online roster (Step 2), you must submit your roster/entries to the meet by clicking the green "Register" link. (Step 3 below) Your rosters/entries are not submitted until you complete Step 3.

STEP 1—Access your DirectAthletics Account

Each coach must have a DirectAthletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below.

| If you already have a DirectAthletics account for your Cross Country team, and know your username and password... | If you do NOT know your username and password... |
|--|---|
| 1) Go to www.directathletics.com 2) In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive) | 1) Go to www.directathletics.com 2) Click on the link "New User? Click HERE". 3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account. |

NOTE ABOUT ACCOUNTS: Most coach accounts control a school's Men's AND Women's team. You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track and Field **Team:** Trinity College School (M)

This indicates that you are controlling the Trinity College School MEN'S team (M=MEN). To switch to your Women's team, you would select "Trinity College School (W)".

STEP 2—Edit/Set up Your Online Roster

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons) you do not need to add him/her again. Most schools will just need to add new athletes and delete athletes no longer on the roster.

- 1) Upon logging in, click the TEAM tab.
- 2) If you have used DirectAthletics before, you will see last year's roster. School years have automatically been moved forward one year. You can click "Import Track Roster" which is listed on the left. You will be able to add athletes from your Track roster to your Cross Country roster. If you do not see this link or you are new to DirectAthletics, skip this step.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes First Name, Last Name and School Year and click "Submit"
- 5) You may add, edit or delete athletes on your Team Roster at any time by click the TEAM tab.

STEP 3--Submit Your Roster/Entries

Once your athletes are added to your roster, you must submit your roster to the meet.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) Check off the box for each athlete you wish to enter. You can check the "All" box to select (or un-select) your entire roster.
- 3) When you have completed your entries, click "Submit". You MUST click "Submit" to submit your entries.
- 4) You will see your current, submitted entries on the "View Entries" page. At any time before the entry deadline, you may edit your entries by clicking the "Edit Entries" link.
- 5) For entry confirmation, simply print the "View Entries" page or click the Email Confirmation link at the top of the "View Entries" page. An Email Confirmation will be sent to the email address in your account.