PRAGUE XC MEET (3A & below)

SPONSORED BY KEN'S PIZZA

SATURDAY, September 10,2022

SCHEDULE: 8:30am Coach's Meeting

First Race 9:00am HS Girls (2 miles)

HS Boys (5K)

7-8 girls (1 mile)

7-8 Boys (1 mile) Elementary Boys and Girls (1 mile)

ENTRY FEES: \$60 PER TEAM \$15 for each individual entry

<u>ON-LINE ENTRIES</u>: Coaches must submit all entries on the ENDURO USA[™] website: www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - <u>ONLINE</u> <u>ENTRIES</u> <u>DEADLINE</u>: the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL <u>NOT</u> BE ADDED AT THE MEET. If you need help with your ENDURO USA[™] account, please email your questions to: <u>cara@runenduro.com</u>.

AWARDS: Medals to top 30 individuals in each division

Trophy to First Place team in each division of JH & HS

***** Individuals must enter and fill tag out at the posted table *****

****Coaches will fill out runner's tags for teams ****

Unlimited entries (no separate JV races)Top 5 per team will score. #6 & #7 are bumpers. #8 and following may medal but will be deleted from team scoring.

TEAM CAMPS IN THE OVAL GRASS AREA (EAST SIDE OF HS) PARKING: HANDICAPPED ONLY -Gravel lot on Westlawn, South of HS

BUSSES and CARS Use Paved lot between football field and

gymnasium **Course is located along the South side of the High

School campus.

If you plan to attend please contact me - Shelli Watkins 405-570-3864 or email swatkins@prague.k12.ok.us