

ROCK CREEK CROSS COUNTRY INVITATIONAL
SULPHUR HIGH SCHOOL
MONDAY, OCTOBER 3, 2022

Race Schedule: 4:30 p.m. 8th & under-- Girls (1.2 Mi)

Boys (1.2 mi)

HS-- Girls (2.2 Mi)

Boys (3.3Mi)

Course: Chickasaw National Recreation Area -- We will run on the trails in the Park.

Entry Fees: H.S.-- \$75.00 per team, \$15.00 per individual.

8th & under -- \$75.00 per team, \$15.00 per individual.

Scoring: We will score the top five (5) runners in each division, 6th place will serve as a tie breaker. Others may run, but will not count in scoring.

ALL ROSTERS MUST BE LISTED ON: www.enduroussa.com

List all runners High school and Jr. High by division boys and girls.

***** BY OCTOBER 2 TH 5:00PM *****

Awards: Individual awards will go to the top 25+, in each race.

Results: Results (team & individual) will be distributed on site.

Restrooms: Restrooms are available at the Start/Finish area.

Directions: From US 7, turn South on 12 th street at the stop light. Go south to the fountain. We will be just South of the fountain.

Mail Check to: c/o Terry Neal, Sulphur High School, 1021 W 9 th Sulphur, OK 73086

Meet Director: Terry Neal 580-618-0029 e-mail— terry.neal@sulphurk12.org