

Velma-Alma

Cross Country Invitational

This meet is for 4A and smaller

Date- Tuesday, September 27

Time- 4:30

Location- Wildhorse Golf Course in Velma

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website:

www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - ONLINE ENTRIES DEADLINE:
the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to
"VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account,
please email your questions to: cara@runenduro.com.

Divisions- Varsity Girls and Boys, JV Girls and Boys

Junior High Girls and Boys, 6th and under race.

Cost- \$70 per team. (\$280 for all 4) \$15 per individual.

JV is free if Varsity competes, 6th is free if JH compete

Medals & Awards- Top 25 in HS and JH races

Top 5 in JV races

Top 30 in 6th grade races

Plaques to Champion and Runner-up in each Division

Race Schedule-

4:45 - JH Girls	1.6 miles
5:05 - JH Boys	2 miles
5:30 - Varsity and JV Girls-	2 miles
5:50 - Varsity and JV Boys-	3.1 miles
6:25 - 6 th and under race -	1 mile

Race Times are approximate and the next race starts at when the preceding race ends.

Mail Checks to: Velma-Alma High School

P. O. Box 8
Velma, Ok 73491
Attn. Kenny Bare

If you have any questions you can call Dana Lohrer at 580 656-5834
Jerry Loveall 580-656-4869