

WATONGA Cross Country Invitational Saturday, October 1, 2022



Location: From HWY 33, travel 3 miles north on HWY 8; then go West ½ mile. The course is on the south side of the road. There are no dressing facilities at the site, porta-potties will be available. There will be a \$5 per car gate admission.

Runners: Any number of runners may participate from a school and compete for individual medals, but only the top seven will be used in team scoring.

Awards: Medals for the top 30 places in each of the High School and Middle School Divisions.

The Middle School Division is for 8th grade and under. Elementary School Division is for 5th grade and under. We will start the next race as soon as we can when the previous race is completed.

Divisions	Distance	Event Time
High School Boys	5000 Meters	9:00am
High School Girls	3200 Meters	
Middle School Boys	3200 Meters	
Middle School Girls	2500 Meters	
Elementary Boys & Girls	1738 Meters	

Entry Fees: High School team (boys or girls) \$ 75 per team

Middle School team (boys or girls) \$ 50 per team

Elementary School (boys *or* girls) \$ 5 each

Individual runner (HS or MS) \$ 15 (less than 5 runners)

Make checks payable to: Watonga Public Schools.

On-line Entry Deadline: Thursday, September 29th @ 7pm. All entries must be completed on-line at: www.enduroentries.com (Complete All 5 Steps.) For athlete eligibility purposes, make sure middle school athletes and high school athletes are entered separately through the appropriate ENDURO Entries account. I will add additional athletes, if needed, the day of the meet and make changes. But, we can not add an athlete if his/her TEAM has not entered the meet on-line (www.enduroentries.com) before the entry deadline. - - - So, please enter your TEAM (athletes) before the deadline. If you have questions regarding your ENDURO Entries account, please contact Cara Branson at cara@runenduro.com.

If you have any questions regarding the meet, please contact:

Jim Bob Coleman-Watonga Cross Country Coach 580-623-7362 School 580-478-2039 Cell jcoleman@watonga.k12.ok.us





5000 METERS



IST LAP

2ND LAP





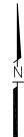
3200 METERS







2500 METERS







1735 METERS

