Waurika Cross Country Invitational This meet is for schools 4A and smaller We are hosting the Class 2A, 3A and 4A Regional Meet this year.

Date: Saturday, October 8th, 2022

Location: Waurika Football Field/Golf Course Buses need to park on the West end of the football field.

<u>ON-LINE ENTRIES</u>: Coaches must submit all entries on the ENDURO USA[™] website: www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - <u>ONLINE</u> <u>ENTRIES DEADLINE</u>: the day before the meet @ 5:00pm. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL <u>NOT</u> BE ADDED AT THE MEET. If you need help with your ENDURO USA[™] account, please email your questions to: <u>cara@runenduro.com</u>.

Divisions: Junior High & High School – JV will run with the Varsity and be separated at the end. Entries:

Cost is \$75 per team / \$15 per individual /6th grade is free if have JH team

Awards: Team Trophies will be given to Team Champions in the JH & Varsity divisions.

Coaches meeting @ 9:15am Time Divisions Distance Medals 9:30 JH Girls 2400 m 30 9:50 JH Boys 3200 m 30 10:25 Varsity/JV Girls 3200 m 30/ JV 10 10:50 Varsity/JV Boys 5000 m 30/ JV 10 11:25 6th Grade & Under Girls 1600 m 35 11:40 6th Grade & Under Boys 1600 m 35 Race times are approximate and will start at the conclusion of the preceding race.

Mail Checks to: Waurika High School C/O Joe Masoner 600 East Florida Waurika, OK 73573 If you have any questions call Coach Masoner @ school 580-228-2341 Cell-580-313-0224