

# WISTER CROSS COUNTRY MEET

**Date: September 26th, 2022**

**Location:** Wister Lake State Park

Victor's Landing Campground

**Time Schedule:** 4:00 Coaches Meeting

4:15 JH Girls 1.5 mile

4:45 JH Boys 1.5 Mile

5:15 HS Girls 1.5 Mile

5:45 HS Boys 5K

Medals will be given to the top 20 participants in each division.

**Entry Fee:** JH & HS Teams-\$70 per team (5 +) & \$15 per individual

**ALL entries** must be submitted through [Endurousa.com](https://www.endurousa.com). Please do so by Friday, September 23rd.

**Contact:** Natalie Ford

Albert Cole

Cross Country Coach

Principal

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