

1st Annual Bridge Creek Cross Country Meet

2209 E. Sooner Rd, Blanchard, OK 73010

Date: Saturday, August 26th

Entry Fee: HS- \$100 Boys/\$100 Girls or \$180 for both (boys and girls)
JH- \$ 75 Boys/ \$75 Girls or \$130 for both (boys and girls)
\$15 per individual (four runners or less)

ONLINE ENTRIES: REGISTRATION DEADLINE is Friday, August 25th, 12:00 PM – NO EXCEPTIONS.

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website: www.endurousa.com. - - - NO ADDITIONAL ENTRIES AFTER THE DEADLINE. - - - **ONLINE ENTRIES DEADLINE:** the day before the meet @ noon. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to: cara@runenduro.com.

Checks can be made out to: Bridge Creek XC & Track & Field Booster Club

Restrooms: Restrooms will be available through the main entrance of the HS Gym.

Course: Start and finish line are both on the practice football field that is to the north of the HS Gym.

Coaches Meeting: 8:30AM

Schedule: 9:00AM HS Boys (5K)
HS Girls (2 Mile)
JH Boys (2 Mile)
JH Girls (1.5 Mile)

Each race will begin on a rolling start. When one race is completed, we will take a few minutes to line up the next group of runners and continue until the events have all been completed.

Bus Parking: Buses will park in the gravel parking lot just to the west of the start and finish line. We will have someone there to navigate you.

Tents: Teams may set up tents on the grass area to the north of the HS Gym between the gym and the practice field (start and finish line).

Scoring and Awards: Top 7 runners from each team will be scored for each division. Top 15 finishers will receive a medal in each division. First place team awards will be given to the top team in each division.

If you plan to attend or have any other questions in regards to the meet, please use the following contact information.

Contact:

Head Coach- Nick Abbott

nabbott@bridgecreek.k12.ok.us

(918) 724- 8133