



# Titan Invitational

## Carl Albert High School

Friday September 1st, 2023



**Welcome to the 12<sup>th</sup> annual Titan Invitational. Due to the excessive heat this year, we have moved our start time a couple hours earlier than past meets. Safety for the athletes is our primary concern. The last race is schedule for 2A-4A at 11:30**

**We are also using chip timing for the first time and Enduro has asked when registering your athletes to put them in their designated race. There are multiple entries so please select the correct race. Thank you again for coming.**

Timing provided by ENDURO Timing. All team entries must be completed online at [www.enduroua.com](http://www.enduroua.com) . If you do not already have an on-line entry account, you will need to visit the "ENDURO" website ([www.enduroua.com](http://www.enduroua.com)). After you set up your account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List" and continue.

7:30 a.m. – 5A/6A Coaches meeting  
7:45 a.m. – Elite Girls 5K  
8:15 a.m.- Elite Boys 5K  
8:45 a.m. – 5A/6A Varsity Girls 5K  
9:15 am - 5A/6A Junior Varsity Girls 5K  
9:45 am. – 5A/6A Varsity Boys 5K  
10:15 am. – 5A/6A Junior Varsity Boys 5K  
10:30 am - 2A/3A/4A Coaches Meeting  
11:00 am – 2A/3A/4A Varsity and JV Girls 3200m (Separate V/JV medals at the finish line)  
11:30 am – 2A /3A/4A Varsity and JV Boys 5K (Separate V/JV medals at the finish line)

**LOCATION:** The XC course is located behind the Carl Albert Middle School next to the high school football stadium. The MS address is 2515 S. Post Rd. Midwest City, Ok. Restrooms and concessions stand will be available.

**ENTRY FEES:** \$80.00 per each High School team entered (girls and boys are separate entry fees). *\$100 if running all 3 divisions per gender. \$200 max if running both genders in all 3 races.*

### **Make check out to Carl Albert Cross Country**

2009 S. Post Rd.  
Midwest City, Oklahoma 73130

**AWARDS:** Individual (Elite, Varsity and J.V.) medals for top 20 places in each race.

### **Contact Information:**

Bill Case  
Carl Albert Cross Country  
Email: [wcase@mid-del.net](mailto:wcase@mid-del.net)  
Cell (405)535-5703