



CUSHING TIGER CROSS COUNTRY MEET

Tuesday, Oct. 10, 2023

CLASSES 5A & BELOW

The Meet is @ CMS. 521 S. Harmony Rd. Cushing, OK 74023

Schedule:

- 10:00 am— Coaches Meeting
- 10:30 am— Elem Girls (1 mile) awards to all finishers
- 10:50 am— Elem Boys (1 mile) awards to all finishers
- 11:10 am— Varsity & JV Girls (2 miles) 25 medals
- 11:40 am— Varsity & JV Boys (5k) 25 medals
- 12:15 PM— JH Girls (1 mile) 25 medals
- 12:40 PM— JH Boys (1.5 miles) 25 medals

*JV and Varsity will run together (boys & girls separate). Your first 7 runners will be counted as varsity to score.

*REGISTER YOUR TEAM BY OCTOBER 9TH. NO WALK UPS.

*** COACHES: IF YOU ARE PLANNING ON PARTICIPATING IN OUR MEET, PLEASE GO TO www.endurousa.com TO ENTER YOUR TEAM(S).**

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website: www.endurousa.com — **NO ADDITIONAL ENTRIES AFTER DEADLINE.** — **ONLINE ENTRIES DEADLINE:** the day before the meet @ 12:00pm. Complete ALL of the steps on the "Entries Window", make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Enduro USA™ account, please email your questions to: cara@runenduro.com.

1st & 2nd place team trophies for junior high & varsity divisions.

ENTRY FEES: \$75.00 per each High School team entered (Includes JV). \$50.00 per each Middle School team entered.

Individual Runners cost \$15.00. Elementary race is free!

Make checks payable to: Cushing Public Schools; Attn: Josh Greer. 521 S. Harmony Rd.
Cushing, OK 74023