



## Cross Country Invitational

**Date:** Saturday, September 30th, 2023 (RSVP by 28th)

**Location:** Elk City Lake Park (North Side of Elk City Lake)

D1137 Rd. Elk City, OK 73644

**Divisions:** (JH Girls 2400M) - (JH Boys 3200M) - (JV/Varsity Girls 3200M) - (JV/Varsity Boys 5K)

**Entries:** Cost is \$60 per HS team / \$50 per JH team / \$15 per individual / JV Runners Free with Varsity Team

**ATTENTION COACHES:** E-mail rosters to Jared Keyes at: [keyes.jared@elkcitieschools.com](mailto:keyes.jared@elkcitieschools.com)

**Coaches meeting @ 8:45**

### **Time Divisions Distance Medals**

9:00 Junior High Girls 2400M 20

9:20 Junior High Boys 3200M 20

9:40 JV/Varsity Girls 3200M 10/20

10:00 JV/Varsity Boys 5K 10/20

\*\*Race times are approximate and will start at the conclusion of the preceding race.

**Mail or bring Checks to:** Elk City Schools

c/o Jim Taylor  
PO Box 448  
[300 N Boone](#)  
[Elk City, OK 73648](#)

If you have any questions call:

Coach Jim Taylor @ **school:** 580-225-5043 **Cell:** 580-374-5419 or

Coach Jared Keyes @ **school:** 580-225-5043 **Cell:** 580-225-0114

**\*\*\*\*\*There will be a \$5 parking fee per vehicle! (Does not apply to buses)\*\*\*\*\***