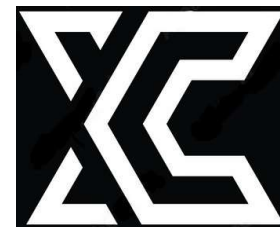




Idabel Cross Country



Date: October 5, 2023

Location: Idabel Country Club

2301 E Lincoln Rd, Idabel, OK 74745

Parking: The main CC parking lot

Time: 9:00 am Coaches meeting

9:15 Varsity Girls (3200m) 15 medals

9:35 Varsity Boys (5000m) 15 medals

10:15 Junior High Girls (2400m) 15 medals

10:35 Junior High Boys (3200m) 15 medals

11:00 EL Girls, 4th-6th (1600m) 15 medals

11:20 EL Boys, 4th-6th (1600m) 15 medals

11:40 EL Girls 3rd & under (1600m) 15 medals

12:00 EL Boys 3rd & under (1600m) 15 medals

Contact Information:

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580-372-7467

Text or call

Devon Sanders

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903-933-1585

Text or call

Make Checks out to: Idabel Cross Country

HS Teams \$70

JH Teams \$60

EL Teams \$60

Individual \$15

Brennan Hill



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