



Dear Coach,

We would like to invite you to the Laverne Tiger Cross Country Invitational Meet 2023. The meet will be held on Tuesday, September 12, 2023. The course will be located at the Midwest Campgrounds and Laverne Golf Course.

Runners: Any number of runners may participate from a school and compete for individual medals, but only the top seven will be used in team scoring. Awards: Medals will be awarded for the top 20 in each high school and top 15 for junior high and elementary.

Coaches Meeting at 4:30 P.M.

ElemBoys & Elementary Girls 1.0 Mile 5:00 P.M.

Junior High Girls 1.0 Miles 5:30 P.M.

Junior High Boys 2.0 Miles 6:00 P.M.

High School Girls 2.0 Miles 6:30 P.M.

High School Boys 5K 7:00 P.M.

Entry Fees:

\$75.00 per High School Team (boys or girls) \$50.00 per Junior High Team (boys or girls) \$40.00 per Elementary Team (boys or girls)

Individuals: \$15.00 per individual for each team with less than 5 runners

Make checks payable to Laverne Public Schools.

Entries must be emailed on or before September 8th. We look forward to seeing you! If you have any questions, feel free to contact me at 580.461.9204 or email at trippet_j@laverne.k12.ok.us

Thank you,
Jenny Laverty